



AOSW

34th Annual Conference

Guided by Best Practices in Pivotal Times

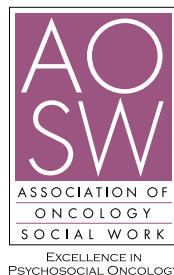


A T L A N T A

May 30 - June 1, 2018

Atlanta Marriott Marquis
Atlanta, GA, USA

PRELIMINARY PROGRAM



www.aosw.org



2018 Annual Conference Theme

"Guided by
Best Practices
in Pivotal Times"



The theme for our 2018 Annual Conference speaks to the specialized skills and talents that oncology social workers use to improve the quality of life for cancer patients, their families and communities. This knowledge, specialized training, and comfort is highly-valued by those we serve.

The AOSW Annual Conference provides an opportunity for us to gather information, impart knowledge and offer support to each other. The presentations and educational sessions reflect the most important issues facing oncology social workers today.

Atlanta is a warm and welcoming backdrop for our conference. Affectionately called "the capital of the South," Atlanta manages to mix visitor-friendly attractions with significant historic landmarks, elegant homes and a great deal of southern charm! The population is young and creative, and the social scene is refreshingly diverse.

AOSW Mission

The Association of Oncology Social Work (AOSW) is a nonprofit organization dedicated to the enhancement of psychosocial services to people with cancer and their families. Created in 1984 by social workers interested in oncology and by existing national cancer organizations, AOSW is an expanding force of psychosocial oncology professionals.

For more about AOSW or information on becoming an AOSW member, visit www.aosw.org.

AOSW 2018 Conference Objectives

Access to Care: Provide evidence-based strategies for improving access to quality psychosocial oncology care, patient navigation and survivorship care with particular attention given to underserved and vulnerable patients, their families and communities.

Advocacy & Health Policy: Illustrate current and emerging practice-based advocacy, policy initiatives and strategies for collaboration at the organizational, local, state, national or international levels.

Diversity: Demonstrate understanding of overcoming challenges in the delivery of cancer care for all patients and families, with an emphasis on evidence-informed practice related to: race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sexual orientation, gender identity and/or expression.

Leadership: Identify evidence-based benchmarks of excellence in practice, research and advocacy informed by social work values and ethics to strengthen leadership, mentoring and supervision across practice settings.

Oncology Social Work as a Profession: Examine historic and current events that have influenced the evolution of oncology social work as integral to providing quality cancer care, with a specific focus on implementation of ethical standards and evaluation of outcomes in both direct-practice and administrative roles.

Research: Translate research findings into best practices for psychosocial oncology care, and demonstrate how current research incorporates evidence-based practice interventions across the continuum of oncology care.



Conference Location & Hotel Information

Conference Location

This year's conference is being held in sunny Atlanta, Georgia. **Atlanta** played an important part in not only the Civil War and the 1960s Civil Rights Movement, but also in the formation of AOSW. Home of the **American Cancer Society**, AOSW has historical ties to the city thanks to ACS' support of the founding of our Association.

In Atlanta, fine **dining, shopping** and rich **history** combine with inspiration-inducing **attractions** to create a city with Southern charm and world-class sophistication. The **Atlanta History Center** chronicles the city's past, and the **Martin Luther King Jr. National Historic Site** is dedicated to the African-American leader's life and times. Downtown, **Centennial Olympic Park**, built for the 1996 Olympics, encompasses the massive **Georgia Aquarium**.

It's easy to see why Atlanta is one of the most popular destinations in the Southeast to live and to visit. Take the opportunity to see the sites (i.e., walk around historic downtown, jump through the **fountains** in Centennial Park or take a ride on **Skyview**). Good barbecue and boiled peanuts await you!

Climate

Atlanta average high temperature in May/June is characterized by rising daily high temperatures, with daily highs increasing from 70°- 80° Fahrenheit. Daily low temperatures range from 60°- 65° Fahrenheit.

Attire for the conference is business casual. Because meeting room temperatures fluctuate, attendees may wish to bring a sweater or jacket.

Conference Hotel

Atlanta Marriott Marquis
265 Peachtree Center Avenue
Atlanta, Georgia 30303 USA
+1-404-521-0000
Reservations: 1-800-228-9290

**AOSW Conference Rate available
until Friday, May 4, 2018**

The AOSW negotiated rate is \$159 per night. Rooms and rates are based on availability and subject to state and local fees/taxes (currently 16 percent). A credit card guarantee is required to hold your reservation. Hotel check-in is 4:00 p.m. and check-out is 12:00 p.m. (noon).

The conference rate will apply for the nights of Sunday, May 27, through Sunday, June 3, 2018 (three days prior and three days post meeting). Rates are subject to daily incidentals and state and city taxes per room, per night. Cancellations must be made 48 hours before the day of arrival to avoid a cancellation fee of one night's room and tax.

To reserve a room at the AOSW Conference **click here** or call the Atlanta Marriott Marquis at 1-800-228-9290 and mention that you are part of the AOSW Annual Conference.

AOSW Conference rooms are sold on a first-come, first-served basis. Conference room rates apply only to AOSW attendee reservations received before May 4, 2018, provided rooms are still available in the AOSW room block. Reservation requests made after this date will be confirmed on a space available basis at prevailing hotel rates.

ADA Accommodations:

For questions about accessibility or to request accommodations please contact Amy Metzgar at 847-686-2290 or **ametzgar@aosw.org**. Advance notice is necessary to arrange for some accessibility needs.



Roommate Service

For assistance in finding a roommate, contact Amy Metzgar at ametzgar@aosw.org, AOSW Conference Administrator. She will send you a list of other registrants looking for a roommate. It is your responsibility to contact someone on the roommate list and make your reservation with the hotel directly. When emailing Amy, be sure to include arrival and departure dates, your gender, city and country you reside in and smoking preference to be included on the roommate list.

Getting To and Around Atlanta

Discounted Airfare

Delta Air Lines is offering special discounted airfares to AOSW members for both domestic and International travel in 2018. Discounts vary, depending on the class of ticket purchased, up to 10% off the fare for domestic travel. Go to www.delta.com > Click "Advanced Search" > Enter **NMRCL** in the "Meeting Event Code" box.

Area Airport

Hartsfield-Jackson Atlanta International Airport (ATL) is approximately 12 miles away from the conference hotel. For your convenience, the following transportation options can provide airport transportation to and from the Atlanta Marriott Marquis.

MARTA - Public Transit

MARTA is Atlanta's rapid transit rail system. It carries passengers from the airport up to Buckhead and beyond, and east and west through Atlanta's neighborhoods. Get the scoop on where it will take you [here](#).

Atlanta Streetcar

The Atlanta Streetcar is Atlanta's newest transportation option. The 2.7 mile loop has 12 stops that connect Centennial Olympic Park with the Martin Luther King, Jr. National Historic Site and nearby neighborhoods east of downtown. With a direct connection to MARTA's Peachtree Center station, and other transit services, the Atlanta Streetcar provides the last mile of connectivity to the city's public transportation system.

[Visit the website](#) for fares, schedules, safety information, and a list of things to do and see along the route.

Five Reasons to Ride the Atlanta Streetcar

1. The Atlanta Streetcar provides safe, convenient and timely service to residents and visitors in the Downtown area.
2. Get a glimpse of Atlanta's past and visit attractions where you can see first-hand where great moments in the civil rights movement took place.
3. Take a new route to dinner. Many of Atlanta's favorite restaurants are walkable from the Atlanta Streetcar. After your streetcar ride, stroll through Centennial Olympic Park to one of the many restaurants in the convention and entertainment district.
4. Hop aboard the Streetcar for quick passage from your hotel to a meeting, convention or sporting event.
5. The Atlanta Streetcar provides a way to explore downtown Atlanta and hop on and off when something strikes your fancy. Whether it's food or fun, the Atlanta Streetcar delivers Atlanta to you in a way you haven't seen before.

“ The Clinical Practice Intensives were the highlight of the conference for me, and ultimately why I attended conference. ”



Car Rental

Avis is the official car rental service for the 2018 AOSW Annual Conference. [Click here](#) for online reservations or call +1-800-331-1600 and indicate Avis AOSW Worldwide Discount Number **D015425** to receive special pricing. The Avis Worldwide Discount number will be effective from seven days prior to the event until seven days after the event. An advanced reservation is recommended.

Parking at the Atlanta Marriott Marquis

Valet Parking Fee: \$45.00/day | \$50.00/day oversized vehicles-no buses/RVs/duallies

Valet Hourly Rates: Up to 6 hours, then daily rate applies

Off-site Parking Fee: \$4.00/hour; \$25.00/day

Registration Information

Registration Fees

	On or before April 3	After April 3 and until May 14	Onsite
AOSW Member Registration	\$465	\$515	\$565
AOSW Registration + Regular Membership	\$655	\$705	\$755
Student Member Registration	\$335	\$385	\$435
AOSW Student Registration + Membership	\$425	\$475	\$525
Introductory Registration	\$465	\$515	\$565
Introductory Registration + Membership	\$565	\$615	\$665
Retired Member Registration	\$370	\$420	\$470
Retired Registration + Membership	\$460	\$510	\$560
Nonmember Registration	\$665	\$715	\$765
One Day AOSW Member	\$265	\$315	\$365
One Day Nonmember	\$320	\$370	\$420

What is included in the conference fee?

- ▶ Unlimited course selection beginning with the Opening Keynote Address on Wednesday, May 30, and continuing through conference adjournment on Friday, June 1.
- ▶ Entrance to Exhibit Hall, with breakfast provided each day
- ▶ Lunch provided Wednesday and Thursday of conference
- ▶ Admittance to the ACS Quality of Life Award Lecture
- ▶ Annual Business Meeting
- ▶ Opening Reception and Poster Session on Wednesday, May 30
- ▶ Access to the AOSW Conference app, including all conference materials, and access to a password-protected website where handouts will be available for download.



Online Registration

1. Go to aosw.org and click the Conference & Awards tab on the top of the screen, then select 2018 Annual Conference.
2. Click the Register Now button in the middle of the screen. Click the online registration link and log in.
 - a. AOSW MEMBERS: Anyone completing the registration process on your behalf must have your login and password to receive the discounted member rate.
 - b. NON-MEMBERS: If you are a first-time attendee, you must create a Non-Member profile to proceed with online registration. If you are a returning attendee and do not remember your login and/or password, use the Forgot Login/Password links.
3. Follow prompts to register for the meeting. Do not click the SUBMIT button more than once. This action will result in multiple charges on your credit card.

Registration By Check

Mailed registrations must be in U.S. funds drawn on a U.S. bank and made payable to the Association of Oncology Social Work. For a copy of the registration form, email Amy Metzgar at ametzgar@aosw.org. Registrations will only be processed with full payment. Send your registration using only one method of payment. Faxed registration forms that do not contain credit card information do not qualify as an early, paid registration.

Pre-registrations received online, by fax or by postal mail will be confirmed by email. Registration processing time is approximately two weeks. We cannot confirm your registration until it is fully processed. Confirmation will be sent via email.

Cancellation Policy

To cancel your registration, you must submit notice in writing to info@aosw.org by April 9, 2018. AOSW will charge a \$75 USD cancellation fee for written cancellations that arrive by April 9, 2018. No refunds will be issued for cancellations received after April 9, 2018. Delegates may make substitutions at any time. Substitutions must be in writing and must be of the same membership status.

Handouts

Session handouts will be uploaded to a password-protected page of the AOSW website, as well in the mobile event app. Prior to the conference, attendees can print handouts for the sessions they plan to attend. Detailed information will be sent to registered attendees on how to access this page beginning in May.

Please print all documents prior to arrival. Handouts will not be distributed onsite. There will be no printers onsite.

Continuing Education

There will be an additional fee of \$35.00 per attendee for those interested in earning CEs. Please see Registration Form for details.

Within 1 week after completion of the conference, CE Registrants who properly scanned in and out of each session will be emailed instructions and links to complete session evaluations and an online attendance credit claim. Certificates will be available to download upon completion of the survey.

Social workers participating in this conference will receive a maximum of 16.00 CE's (8.00 Cultural Competency, 4.50 Ethics and 3.50 Clinical) continuing education clock hours for participating in this training.

Accreditations

Association of Social Work Boards (ASWB)

This organization Association for Oncology Social Workers (AOSW), provider #1351, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. AOSW maintains responsibility for the program. ASWB Approval Period: 11/11/2016 – 11/11/2019. Social workers should contact their regulatory board to determine course approval.



Florida Dept. Health, Division Social Work, MFT, Counseling

In accordance with the criteria outlined in the Florida Statutes Chapter 491 and by the Florida Department of Health, Division of Medical Quality assurance, the Florida Society of Oncology Social Workers (FSOSW) Provider #50-775, exp. 03/31/2019, will be applying for CEs for clinical social workers, marriage and family therapists, and mental health counselors for Licensure renewal. There is no fee for FSOSW members; other Florida non-members will need to pay \$5.00 per CE or join the organization for \$35. Florida registrants may obtain an exact list of approved clinical and non-clinical sessions or more information by contacting Cara Kondaki, LCSW, at (954) 659-5604 or by email at kondakc@ccf.org.

National Association of Social Workers (NASW)

AOSW will be applying Continuing Education Units, 4.50 of which will be for Ethics, from NASW. Final number of credits will be available at the conference.

NY State Education Department's State Board of Social Work

Association of Oncology Social Work, Inc., SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0320.

Ethics Disclaimer: It is the responsibility of the attendee to check with their state board to determine if the ethics hours offered meet the regulations of their Board. Certificates of attendance and verification of credit will be issued to those who registered for CEs after completion of the online post-conference evaluations.

Non-Credit Events

CE credit is not offered for committee meetings, poster sessions, networking sessions, and registration/breaks. Other sessions may not carry credit and will be indicated with an **.

Instruction Methodology

Didactic, audio-visuals, demonstrations, experiential exercises, case examples, small and large group discussions.

Target Audience

Oncology social workers and other social workers who work with cancer patients and their families.

Grievance Policy

Grievances regarding conference sessions, content, abstract selection and presentation can also be submitted to any member of the conference planning committee and are escalated appropriately to the conference chair, director of education, board of directors or home office staff. Grievances are responded to in a timely fashion with the goal of mitigation of the issues brought to the leadership. If a registered participant is unable to attend a meeting after registration, refund requests are processed on a case by case basis. If an attendee has a complaint or grievance, it must be submitted in writing by the participant to: AOSW, One Parkview Plaza, Suite 800, Oakbrook Terrace, IL 60181. The letter will be reviewed by organizational members consisting of the social worker consultant, and other organizational members based on geographic distribution, experience, professional specialty, etc. The Organization will respond to the attendee in writing.

“ **REALLY excellent sessions at conference!**
I liked that the choices were limited to 4-5 each
timeslot so you didn't miss too much as an attendee
and had somewhat of a crowd as a presenter.
Really liked the SIGs having a presentation
included so we can get CEUs! ”



Educational Levels of Presentations

Introductory level presentations include an introduction to content area in oncology social work practice. These sessions may include providing information about a particular condition, treatment method, or issue related to oncology social work. Beginner level presentations are appropriate for all, but with specific applicability to BSW's, new MSW graduates or those new to the practice of oncology social work.

Intermediate level presentations include sessions which build on knowledge that practitioners with some experience already have. These sessions focus on skill-building or adding knowledge; possibly with a brief overview of basic information. These sessions are appropriate for mid-career level practitioners as well as more advanced practitioners interested in exposure to new skill sets and research.

Advanced level presentations include sessions which address content for advanced level practitioners who have been working in oncology social work for some time and have a clear understanding of a wide range of concepts, practice, research and administrative issues that impact practice. Covers complexities involved in oncology social work and intervention to address them and influence change.

Course Designations

Cultural Competency
Ethics
Clinical

Silent Auction

Please consider supporting the annual silent auction. The auction will be held during the Opening Reception on Wednesday, May 30th, from 6:00 - 7:30 p.m. All proceeds support AOSW awards and scholarships for future conferences. We welcome any contributions from conference attendees or organizations. Most popular donations in the past have included small, easily packable items such as gift cards, handcrafts or jewelry. We also appreciate baskets of local area goodies.

The auction will be open and silent bids will be taken during the poster sessions. **If you have items to donate please email Bryan Miller at bmiller@atlantacancercare.com or Jean Rowe at jrowe@youngsurvival.org by May 4, 2018.** All proceeds will support AOSW Scholarship programs.

AOSW Imprinted Products

Looking for a way to show your pride in being a member of the AOSW community? Our imprinted travel mug, umbrella, t-shirt or sweatshirt convey your pride in being an AOSW member or supporter. Plus, all proceeds benefit AOSW programs and services.

Choose from:

- ▶ 16 oz. insulated, imprinted travel mug
- ▶ Two-toned imprinted umbrella
- ▶ T-shirt (light gray, with chest imprint)
- ▶ Sweatshirt (white, with chest and sleeve imprint)

Simply indicate which items you'd like to order on your Annual Conference Registration Form or when registering online. Your items will be waiting for you when you check in at the Annual Conference Registration Desk.



Special CE Offerings

AOSW is pleased to continue to offer two special CE offerings for attendees. First, **all SIG meetings offer CEs**. The 90-minute sessions will include 30 minutes of networking and 60 minutes of presentations, for an additional 1.0 CE. You can attend any SIG meeting of your choosing – you do not have to be a member of the SIG to attend. Find a subject that's interesting to you and learn more about the subspecialties of oncology social work!

Next, AOSW will host **Clinical Practice Intensives sessions (CPIs)**. Comprised of two 90-minute sessions, the CPIs allow you to get more in-depth, thorough training from content experts. This year's CPI subjects include: LGBT/Sexual Minority Communities Affected by Cancer; The Impact of Cancer on Children; Oncology Social Work Through a Trauma Informed Lens; Releasing Resentment & Self Forgiveness; and Using Dialectical Behavioral Therapy (DBT) Informed Practice for Disease-Related Anxiety. Earn 3.0 CEs while developing skills you can incorporate into your work.

CPI Speakers



Kristy Case, LCSW, OSW-C
Releasing Resentment & Self Forgiveness

Kristy Case, LCSW, OSW-C has been an oncology social worker for over ten years. She has worked for national cancer related non-profits and is currently employed at an outpatient cancer center in New Jersey. In her role at the Carol G. Simon Cancer Center at Morristown Medical Center, she serves as the breast, blood and young adult cancer social worker. In addition to her role as an oncology social worker, Kristy is trained in Vinyasa Yoga and has a passion for exploring transformation and healing as it relates to releasing resentments and creating self-forgiveness.



Bill Goeren, MSW, LCSW
The LGBT/Sexual Minority Communities Affected by Cancer

Bill Goeren is Director of Clinical Programs at CancerCare, a national, nonprofit, providing free counseling and psychosocial services to anyone affected by cancer, where he founded the LGBT program. He recently participated as a presenter in the George Washington University School of Medicine webinar "Addressing the Needs for LGBTQ-Affirming Cancer Care – a Focus on Sexual Minority Prostate Cancer Survivors." He is co-author of the chapter, "Gay, Lesbian and Bisexual Individuals Diagnosed with Cancer" for the *Oxford Press Handbook of Oncology Social Work* and author of the chapter "HIV, Palliative Care and Social Work" in the *Oxford Textbook of Palliative Social Work*.



Carissa Hodgson, LCSW, OSW-C
The Impact of Cancer on Children

Carissa Hodgson, LCSW, OSW-C has been a program manager at Gilda's Club Madison since 2009. Her work centers around supporting kids and families who are navigating a cancer journey, shaped largely from her childhood experience of losing her father to lung cancer. Again as a young adult she moved through the loss of a stepfather to liver cancer. In her role at Gilda's Club she is able to work directly with survivors and co-survivors of all ages, as well as develop psychoeducational programs to support the whole family. Carissa earned her MSW from the University of Wisconsin in 2007. She is a family

therapist and oncology social worker whose work also includes therapy with individuals, groups and families in outpatient, day-treatment and in-home settings.





Eileen Joyce, MSW, LICSW
Oncology Social Work Through a Trauma Informed Lens

Eileen Joyce has been an oncology social worker in Boston for over 20 years. She completed her MSW at Boston College, interning at Massachusetts General Hospital where she then practiced both in and outpatient oncology social work for over a decade. After developing the psycho-social programming and providing direct clinical support to the Dana Farber Cancer Institute's first community satellite center, Ms. Joyce stepped into and broadened the clinical social work role in the Breast Centers at the Brigham and Women's and Brigham and Women's Faulkner Hospitals. Through her work with oncology patients Ms. Joyce developed an awareness of the impact of trauma on both patients and providers in the oncology setting and has explored how to best navigate the issues of trauma as an oncology social worker.



Lauren Kriegel, MSW, LCSW
Using Dialectical Behavioral Therapy (DBT) Informed Practice for Disease-Related Anxiety

Lauren Kriegel received a BS in Human Development and Family Studies from The University of Rhode Island and an MSW from Columbia University School of Social Work. Lauren now works as the Bone Marrow Transplant social worker in the division of hematologic malignancies at Rutgers Cancer Institute of New Jersey. In this role Lauren provides support and counseling to patients and family members from initial diagnosis through to post-transplant life. Lauren is responsible for assessing all patients prior to transplant and providing appropriate interventions to prepare patients for the transplant process. Lauren has started a support group designed specifically for bone marrow transplant patients to address their unique needs. Additionally Lauren has developed a survivor panel to provide education to newly diagnosed patients. Lauren is passionate about using DBT informed practice to help patients deal with disease-related anxiety.

SPECIAL EVENTS AND OFFERINGS

Welcome Ceremony Breakfast

Wednesday, May 30
7:30 a.m. – 8:30 a.m.

All attendees are invited to attend our Welcome Ceremony Breakfast on Wednesday morning prior to the Awards Ceremony and Opening Keynote.

First Time Attendee/New Member Breakfast

Wednesday, May 30
7:30 a.m. – 8:30 a.m.

If you're a first-time attendee, or you're still getting your bearings, this event will help welcome you to AOSW. This is an excellent opportunity to meet with the AOSW Board and Conference Committee and learn how to get the most out of the conference and membership. We want to meet and learn more about you!



Welcome & Awards Ceremony

Wednesday, May 30

8:30 a.m. - 9:30 a.m.

Each year, AOSW presents awards and scholarships to members of the Association who have made distinguished contributions to the field of oncology social work. Please join us as we present our 2017 AOSW Recognition Awards at the Opening Ceremony. Awards and scholarships being presented include: LLS-Hematology-Oncology Social Worker of the Year Award (sponsored by the Leukemia & Lymphoma Society), Oncology Social Worker of the Year Award (sponsored by Cancer Support Community), Leadership in Oncology Social Work Award (sponsored by the American Cancer Society), Naomi Stearns Scholarship, and Palliative Care and End-of-Life Scholarship.

AOSW Fellows

History

At the 2017 AOSW Annual Conference, the AOSW Board of Directors decided to explore establishing a Fellow status for the Association. The Awards Committee developed and agreed on a proposal, which was presented to the Board in October 2017, recommending creation of this honorary status, and suggesting eligibility criteria and selection procedures. The purpose of AOSW Fellowship is to recognize and honor individuals who have made outstanding contributions to the science and practice of psychosocial oncology. Membership in the Fellowship is not purely honorific, however: it carries an expectation of ongoing contributions to and leadership within the AOSW. The inaugural cohort of 2018 AOSW Fellows will be past presidents of AOSW.

Opening Keynote Address

Wednesday, May 30

9:30 a.m. - 10:30 a.m.



Matthew Zachary

Founder and CEO
Stupid Cancer, Inc.

Diagnosed with brain cancer at 21 and given six months to live, concert pianist and advertising/branding veteran Matthew Zachary is the Founder and CEO at Stupid Cancer, the largest charity comprehensively addressing young adult cancer.

As a global healthcare disruptor and Chief Angry Officer of the young adult cancer movement, Matthew's acclaimed tirades can be found on *US News and World Report*, *Huffington Post*, *PM360 Magazine*, LinkedIn and *Cure Magazine*. He also serves as a strategic advisor to the Society for Adolescent and Young Adult Oncology, the Oncofertility Consortium, The Patient-Centered Outcomes Research Institute (PCORI), Klick Health, FCB Health, Walgreens and Spencer's Gifts. Matthew has a BA in Music, Computer Science and Sociology from Binghamton University. He lives in Brooklyn with his wife and twins, Koby and Hannah.

Lunch & Veterans Paper Symposia

Moderated by Chelsea Kroll, MSW, LMSW, OSW-C

Wednesday, May 30

12:15 p.m. - 1:45 p.m.

FEATURING:

The Choice Act....Is the VA Becoming Privatized?

Jennifer Dimick, MSSA, LISW-S, OSW-C; Susan Korver, MSSA, LISW

Cancer Care Navigation: Addressing Veterans Psychosocial Distress

Ana Fisher, LICSW, OSW-C; Marcia Long, LCSW, OSW-C

Identifying Veterans

Louisa Daratsos, PhD, LCSW; Karlynn BrintzenhofSzoc, PhD, MSW



Opening Reception/Silent Auction/Poster Session

Wednesday, May 30

Exhibit Hall

7:00 p.m. – 8:30 p.m.

Breakfast with the Exhibitors

Thursday, May 31

7:30 a.m. – 8:30 a.m.

Lunch Panel: Natural Disasters and Relief Efforts as an Oncology Social Worker

Moderated by Catherine Credeur, LMSW, OSW-C

Thursday, May 31

12:15 p.m. – 1:45 p.m.

FEATURING:

Ann Kambara, MSW

Cara Kondaki, MSW, LCSW, ACSW, CBPN-IC, OSW-C

Margaret Meyer, MSW, MBA, LCSW

This panel focuses on both professional and personal experiences of oncology social workers' during natural disasters. Through examples from Hurricanes Andrew, Harvey and Irma, and Red Cross disaster relief efforts in Puerto Rico and the US Virgin Islands, this panel will address how social workers, both by our nature as proactive helpers and our training in community resources, community organization, and emotional trauma, are often on the front line after disasters. From an administrative standpoint to the individual oncology social worker on the ground, this panel will address disaster planning to prevent interruptions in cancer care; emergency response and recovery; and continuing self-care after a natural disaster.

Cancer Survivors Meeting

Friday, June 1

7:00 a.m. – 7:30 a.m.

AOSW Annual Business Meeting

Friday, June 1

General Session Room

8:00 a.m. – 8:30 a.m.

The 2018 Board of Directors invites all conference participants to attend the Annual Business Meeting to for an overview of AOSW's major initiatives. This is an ideal opportunity for AOSW members to join with friends and colleagues and experience the collective power of our efforts and expertise. Don't miss it!

“ The designations for different offerings—beginner, intermediate and advanced—really met the needs of someone like me who has done the work over 25 years. The caliber of presentation and actual content really met my needs. ”



American Cancer Society's Quality of Life Award Ceremony

Friday, June 1

General Session Room

8:30 a.m. – 9:00 a.m.

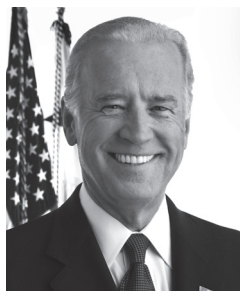
Vice President Joseph R. Biden, Jr.

Award accepted by Lisa Simms Booth, Senior Director for Patient and Public Engagement, Biden Cancer Initiative



Sponsored by the American Cancer Society, this chosen awardee and speaker maintains an exemplary record of publication, presentation and direct service provision that reflects a commitment to quality of life for all cancer survivors, and has a demonstrated record of innovation/collaboration in enhancing quality of life for cancer patients and their families. This year AOSW has selected former U.S. Vice President Joe Biden as the 2018 ACS Quality of Life Award recipient.

ACS' support and generosity have greatly impacted past award recipients and our entire organization. AOSW thanks American Cancer Society for their ongoing support!



The Honorable Joseph R. Biden, Jr.

As a Senator from Delaware for 36 years, Vice President Biden was a leader in facing some of our nation's most important domestic and international challenges. As Chairman or Ranking Member of the Senate Judiciary Committee for 17 years, he was widely recognized for his work on criminal justice issues, including the landmark 1994 Crime Act and the Violence Against Women Act. As Chairman or Ranking Member of the Senate Foreign Relations Committee for 12 years, Biden played a pivotal role in shaping U.S. foreign policy.

As the 47th Vice President of the United States, Joe Biden continued his leadership on important issues facing the nation and represented our country abroad. Biden led the White House Cancer Moonshot, which resulted in more than 80 new actions and collaborations from the public and private sectors to speed progress in cancer prevention, diagnosis, treatment, and care, and worked with Congress to authorize an additional \$1.8 Billion for investment in cancer research. Biden oversaw the implementation of the American Recovery and Reinvestment Act and chaired the Middle-Class Task Force. In January of 2017, President Obama awarded Biden the Presidential Medal of Freedom, with Distinction – the highest civilian honor in the United States.

American Cancer Society's Quality of Life Lecture

Friday, June 1

9:00 a.m. – 10:00 a.m.

Lisa Simms Booth, Senior Director for Patient and Public Engagement, Biden Cancer Initiative

“ I found speaking at the conference to be really great. It was nice to share what I know and to hear how others might deal with similar situations. I very much enjoyed the Clinical Practice Intensive Sessions! ”



Closing Keynote Address

Friday, June 1

1:00 p.m. – 2:00 p.m.



Sage Bolte, PhD, LCSW, OSW-C, CST

Dr. Sage Bolte, is a licensed clinical social worker and is the Executive Director of Life with Cancer, a not for profit support and education program of the Inova Dwight and Martha Schar Cancer Institute in Northern Virginia. Dr. Bolte has written or contributed to several peer-reviewed articles and books, including three chapters in the Oxford textbook *The Handbook for Oncology Social Work*. Dr. Bolte is known nationally for her work/teaching in sexual health and cancer and has worked to collaborate with nursing and social work groups to teach more health care providers how to assess and address the sexual health needs of our patients and their partners. She is also just as passionate about the young adult cancer community and those individuals living with advanced disease and survivorship issues. Dr. Bolte also continues to maintain her private

practice work in sex therapy.

Dr. Bolte lives in Northern Virginia with her husband Jeff and their three very busy children.

AOSW Post-Conference Research Institute – Opening Program, Reception, and Keynote Speaker

Friday, June 1

4:00 p.m. – 7:00 p.m.



Jean S. Kutner, MD, MSPH, FAAHPM, FACP

Professor of Medicine and Associate Dean for Clinical Affairs

University of Colorado School of Medicine

Chief Medical Officer, University of Colorado Hospital

Dr. Kutner is a tenured Professor of Medicine at the University of Colorado School of Medicine (UCSOM). Dr. Kutner received her MD from the University of California San Francisco (UCSF) in 1991 and completed residency training in internal medicine at UCSF in 1994. She subsequently completed a NRSA primary care research fellowship, earning an MSPH degree with honors, and a fellowship in geriatric medicine at UCSOM (1994-1997). She is Board Certified in internal medicine,

geriatric medicine and hospice and palliative medicine. Her research focuses on improving symptoms and quality of life for people with serious advanced illness and their family caregivers. Dr. Kutner is Co-Chair of the NIH-funded Palliative Care Research Cooperative Group (PCRC). She was a member of the Institute of Medicine (IOM) Transforming End of Life Care Committee and is a Past-President of the American Academy of Hospice and Palliative Medicine (AAHPM).

Friday, June 1

6:00 p.m. - 7:00 p.m.

Keynote: Enhancing Care for People with Serious Advanced Illness through Interdisciplinary Evidence Generation and Research Infrastructure Development

There have been significant advances in the evidence base to inform palliative care clinical practice over the past 2 decades. Dr. Kutner will describe her personal passion and journey as a palliative care investigator, including the road to development of the Palliative Care Research Cooperative Group (PCRC) as an interdisciplinary research collaborative. Dr. Kutner will highlight opportunities for engagement with an interdisciplinary collaborative and supportive community of investigators who share a commitment to advancing and enhancing care for people with serious illness.



AOSW Post-Conference Research Institute – Welcome Ceremony and Introduction of Keynote Speaker

Saturday, June 2
8:30 a.m. – 9:00 a.m.



Dr. Snyder's research focuses on how quality-of-life and other patient-reported outcomes can be used to assess and improve the quality of cancer care. She is the immediate past president of the International Society for Quality of Life Research. She served on the American Society of Clinical Oncology's Health Services and Quality of Care Committees, Survivorship Care Planning Task Force, and Patient-Reported Outcomes Panel. Previously, Dr. Snyder worked at the National Cancer Institute. Dr. Snyder received a BA *cum laude* from Duke University, and an MHS and PhD in Health Policy & Management from the Johns Hopkins Bloomberg School of Public Health.

AOSW Post-Conference Research Institute Keynote: Unlocking the Potential of Patient-Reported Outcomes

Claire Snyder, MHS, PhD
Saturday, June 2
9:00 a.m. – 10:00 a.m.

This talk will cover the important, and somewhat unrealized, potential of patient-reported outcomes (PROs) to improve the quality of cancer care at multiple levels, including at the patient-clinician interface, in clinical research, and for performance improvement. Tools that are available to clinicians and researchers to optimize the use of PROs in clinical practice and research will be highlighted.

From Research Topic to Research Study: A Workshop

Daniela Wittmann, PhD, LMSW
Saturday, June 2
10:00 a.m. – 12:00 p.m.

This workshop will present the results of the survey on the most important research topics identified as last year's Research Institute in the field of oncology social work. There will then be a presentation on "Developing Research Questions," followed by a brainstorming session to identify research questions on the most important topic. The participants will then be divided into three groups representing the three basic research methodologies: Quantitative Research, Qualitative Research and Mixed Methods Research. Each group, led by an expert in that methodology, will develop the structure of a research project using that methodology. This will include the Research Aims, Research Question or Hypotheses, Methodology, Data Gathering and Data Analysis. At the end of the workshop, each group will present their results to the larger group. Discussion will follow on factors involved in selecting a research methodology.

AOSW Post-Conference Research Institute – Lunch

Saturday, June 2
12:00 p.m. – 1:00 p.m.



CONFERENCE-AT-A-GLANCE*

* Schedule subject to change

**These sessions are not eligible for CEs

Tuesday, May 29

5:00 p.m. – 6:30 p.m.	Networking with AOSW Volunteers**
5:00 p.m. – 7:00 p.m.	Conference Registration Open**

Wednesday, May 30

7:00 a.m. – 7:30 a.m.	SIG Leaders and State Reps Meeting**
7:00 a.m. – 9:00 p.m.	Conference Registration Open**
7:30 a.m. – 8:30 a.m.	First Time Attendee/New Member Breakfast**
7:30 a.m. – 8:30 a.m.	Continental Breakfast with AOSW Leaders & Exhibitors**
8:30 a.m. – 9:30 a.m.	General Session: Welcome and Awards Ceremony
9:30 a.m. – 10:30 a.m.	General Session: Opening Keynote Address (Matthew Zachary)
10:30 a.m. – 11:00 a.m.	Coffee Break with the Exhibitors**
11:00 a.m. – 12:00 p.m.	Paper Session I (6 concurrent session)
12:15 p.m. – 1:45 p.m.	Lunch Panel I: Veterans Lunch Panel (60 minute panel, 1.0 CE)
2:00 p.m. – 3:30 p.m.	Networking & Presentations put on by the SIGs (5 concurrent sessions)
3:30 p.m. – 4:00 p.m.	Coffee Break with the Exhibitors**
4:00 p.m. – 5:30 p.m.	Networking & Presentations put on by the SIGs (6 concurrent sessions)
5:45 p.m. – 6:45 p.m.	Paper Session III (6 concurrent sessions)
7:00 p.m. – 8:30 p.m.	Opening Reception, Exhibits, Poster Session & Silent Auction**

Thursday, May 31

7:00 a.m. – 5:00 p.m.	Conference Registration Open**
7:30 a.m. – 8:30 a.m.	Continental Breakfast & Exhibits**
8:00 a.m. – 5:00 p.m.	Posters Displayed in Exhibit Hall**
8:30 a.m. – 10:00 a.m.	Clinical Practice Intensive Session Part I (5 concurrent sessions)
10:00 a.m. – 10:30 a.m.	Coffee Break with the Exhibitors**
10:30 a.m. – 12:00 p.m.	Clinical Practice Intensive Session Part II (5 concurrent sessions)
12:15 p.m. – 1:45 p.m.	Lunch Panel II: Natural Disasters Lunch Panel (60 minute panel, 1.0 CE)
2:00 p.m. – 3:30 p.m.	Learning Institute/Paper Symposia I (6 concurrent sessions)
3:30 p.m. – 4:00 p.m.	Coffee Break with the Exhibitors**
4:00 p.m. – 5:30 p.m.	Learning Institute/Paper Symposia I (6 concurrent sessions)



Friday, June 1

7:00 a.m. – 4:30 p.m.	AOSW Registration Open**
7:00 a.m. – 7:30 a.m.	Cancer Survivors Meeting**
7:30 a.m. – 8:30 a.m.	Continental Breakfast & Exhibits**
8:00 a.m. – 9:00 a.m.	Posters Displayed in Exhibit Hall**
8:00 a.m. – 8:30 a.m.	AOSW Business Meeting**
8:30 a.m. – 9:00 a.m.	ACS Quality of Life Award Ceremony**
9:00 a.m. – 10:00 a.m.	ACS Quality of Life Lecture (Lisa Simms Booth, Senior Director for Patient and Public Engagement, Biden Cancer Initiative)
10:15 a.m. – 11:15 a.m.	Paper Session III (6 concurrent session)
11:15 a.m. – 12:45 p.m.	Lunch on Your Own**
1:00 p.m. – 2:00 p.m.	Closing Keynote Speaker (Sage Bolte, PhD, LCSW, OSW-C, CST)
3:00 p.m. – 4:30 p.m.	AOSW Post-Conference Research Institute Registration Open**
4:00 p.m. – 7:00 p.m.	AOSW Post-Conference Research Institute – Opening Program and Keynote (Jean Kutner, MD, MSPH, FAAHPM, FACP)

Saturday, June 2

7:30 a.m. – 8:30 a.m.	AOSW Post-Conference Research Institute Registration Open**
8:00 a.m. – 8:30 a.m.	AOSW Post-Conference Research Institute Breakfast**
8:30 a.m. – 9:00 a.m.	AOSW Post-Conference Research Institute Introduction of Keynote Speaker**
9:00 a.m. – 10:00 a.m.	AOSW Post-Conference Research Institute Keynote – Enhancing Care for People with Serious Advanced Illness through Interdisciplinary Evidence Generation and Research Infrastructure Development (Claire Snyder, MHS, PhD)
10:00 a.m. – 12:00 p.m.	AOSW Post-Conference Research Institute – From Research Topic to Research Study: A Workshop (Daniela Wittmann, PhD, LMSW)
12:00 p.m. – 1:00 p.m.	AOSW Post-Conference Research Institute – Lunch**

“ The highlight of AOSW's conference is being in the same room with so many other social workers who do what I do and understand my challenges and frustrations. It is a great support system. ”



CONFERENCE PROGRAM

**These sessions are not eligible for CEs

Tuesday, May 29

6:00 p.m. – 8:00 p.m.

AOSW First Time Attendee/New Member Reception**

Wednesday, May 30

7:00 a.m. – 9:00 p.m.

Conference Registration Open**

7:30 a.m. – 8:30 a.m.

Continental Breakfast with AOSW Leaders & Exhibitors**

8:00 a.m. – 5:00 p.m.

Posters displayed in the Exhibit Hall**

8:30 a.m. – 9:30 a.m.

General Session: Welcome and Awards Ceremony**

9:30 a.m. – 10:30 a.m.

General Session: Opening Keynote Address
(Matthew Zachary)

Democratizing Cancer: How Freedom Of Choice
Improves Patient-Reported Outcomes

Summary: Historically, the decision-making tools allotted to cancer patients have been limited to medical teams (high-trust/low-resource) and the Internet (low-trust/high-resource). Social media has engendered an empowered generation of advocates and activists who have forced the hand of industry to adapt its approach in the form of “patient-centricity,” a meaningless term to the 23-year-old who just found out they have metastatic breast cancer while 3 months pregnant and finishing up her MBA. Learn how an ever-changing landscape of consumer activism is disrupting everything by ending isolation, building community, providing education, redefining quality-of-life, and improving health outcomes.

COURSE DESIGNATION: Clinical

KEYWORD: Adolescent and Young Adult

PRESENTATION LEVEL: Intermediate

10:30 a.m. – 11:00 a.m.

Coffee Break with the Exhibitors**

11:00 a.m. – 12:00 p.m.

Paper Session I (6 concurrent sessions)

| P101 |

Promoting Cancer Care Equity for Patients with Severe Mental Illness: How Mental Health Access Differs in Academic and Community Settings

Amy Corveleyn, MSW, LICSW; Leena Nehru, MSW, LCSW, OSW-C

Summary: Individuals with serious mental illness (SMI) are more than twice as likely to die from many common cancers. Cancer is the second cause of death among patients with SMI. In this presentation we will discuss the social worker’s role in a new SMI collaborative care model at an academic medical center that has applications to community cancer centers. This model connects patients to a psychiatrist at the start of treatment. Incorporating the psychiatrist into the treatment plan at the community level can be complicated by a lack of services within the community or the missing presence of the clinician on site. We will also review strategies and examples that will allow the participant to use or develop resources in their own setting. Social workers are on the front lines with this population and we hope the discussion in this presentation will spark more clinical oncology social work research.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Special Populations, Clinical Practice/
Skill Building

PRESENTATION LEVEL: Intermediate

| P102 |

Running on Empty: Recognizing and Combating Burnout, Compassion Fatigue, and Secondary Trauma in Oncology Social Workers and Oncology Professionals

Melissa Broussard, MSW, LCSW, OSW-C; Robin Maggio, LCSW, OSW-C, ACHP-SW

Summary: One of the first lessons we learn in school is the idea that we must care for ourselves in order to take care of others, but do we always follow this? Oncology social workers and our oncology colleagues witness some of the most difficult and vulnerable times in our patients’ lives, and often absorb the emotional impact of these interactions. We are often tasked with “fixing” difficult situations, for which there may be no solution, and shoulder the burden of any “failures”. In the trenches, it can be difficult to recognize when this load is beginning to weigh us down. In this



session, we will explore burnout, compassion fatigue, and secondary trauma, looking at the theoretical basis and symptoms. We will explore challenges, protective factors, and where our responsibilities lie in our organizations. Participants will learn about assessment tools and have an opportunity to discuss and develop self-care strategies.

COURSE DESIGNATION: Clinical

KEYWORDS: Self-Care, Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

| P103 |

Responsive Psychosocial Cancer Care in the Rural Context: Best Practices from the Field

Sky Niesen Smith, MSW, LICSW; Joan Padilla, Cert in Non-Profit Management; Lorelei Tinaglia, MSW Student

Summary: In the rural context, many unique barriers and resources exist for oncology patients. This presentation will discuss the strengths, barriers, and unique practice frameworks for providing psychosocial care for rural oncology patients. Lack of specialty care and professional training along with limited community resources in rural areas further deepens rural/urban healthcare disparities. With the scant research that exists in this area, paired with an increased need for rural specific services, this presentation offers a discussion of care delivery models and patient/caregiver distress in the rural context. This presentation will offer stories and insights from the field, as well as current research and practice frameworks, for a discussion of evidenced based, culturally responsive psychosocial cancer care in the rural context.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Special Populations, Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

| P104 |

Opening Notes to Our Patients: Pandora's Box or ???

Leora Lowenthal, LICSW, OSW-C, MPA; Steve O'Neill, LICSW, BCD, JD

Summary: The OpenNotes movement traces back to 1973 when the American Hospital Association adopted BIDMC's Patient's Bill of Rights guaranteeing patients a right to access to their record. In 2010, BIDMC and others collaborated to develop the first OpenNotes program allowing patients direct access to their on-line medical record. In 2014, BIDMC opened up mental/behavioral health notes. Today more than 17 million patients have access to their records. Advocates believe some of the greatest benefits

include: improved patient understanding and adherence to treatment; opportunities to identify errors or missing information; and increased trust. The presenters will review research on the benefits and challenges presented by OpenNotes, including O'Neill's studies of social workers and their patients. They will additionally provide case examples highlighting some of the clinical and ethical challenges applicable to oncology and end-of-life care, consistent with the NASW Code of Ethics.

COURSE DESIGNATION: Ethics

KEYWORDS: Ethics, Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

| P105 |

Finding Words: Tools for Improving Family Communication Using a Systems Approach

Katherine Easton, MSW, LCSW, OSW-C

Summary: Effective and open communication is at the core of healthy relationships and can be essential in managing a cancer diagnosis within a family. Dialogue among loved ones impacts how the individual perceives the level of emotional support available and reflects family cohesion during stressful events. Families with open patterns of communication will be better equipped to manage the emotional and practical aspects of the experience through the free expression of feelings and practical problem-solving. Using a systems approach, oncology social work intervention seeks to understand the family as an independent set of individuals working to become an integrated system of roles, responsibilities, emotions, values and beliefs. Helping families develop positive communication approaches the oncology social worker will provide the tools necessary to aide the couple/family towards a more supportive and healthy relationship relieving some of the emotional distress normally associated with the cancer experience.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory



| P106 |

Quality Improvement Initiative: Using Fatigue Psychoeducation

Alison Snow, PhD, LCSW-R, OSW-C; Nancy Bourque, LCSW, OSW-C

Summary: Quality improvement (QI) requirements create opportunities for oncology social workers to demonstrate their interventions, while simultaneously making a significant impact in providing quality care. Cancer-related fatigue has a significant impact on patients' quality of life, as well as physical and psychosocial functioning, yet it is often under treated and not prioritized. Cancer patients significantly reduce the amount of exercise they perform during treatment (Courneya, 2001); however, exercise during cancer treatment has many positive effects and is an evidence-based intervention for fatigue (Courneya, 2001; Dimeo, et al., 1998). The NCCN consensus panel guidelines advised that patients and families be provided with anticipatory guidance about fatigue and recommendations for self-management, especially when beginning fatigue-inducing treatments (NCCN, 2017). Utilizing PDSA (Plan, Do, Study, Act) QI plan for testin change, oncology social workers at three outpatient cancer centers met with patients during their first week of radiation treatment to provide a psycho-educational intervention.

COURSE DESIGNATION: Clinical
KEYWORDS: Education, Research
PRESENTATION LEVEL: Intermediate

12:15 p.m. – 1:45 p.m.

Lunch Panel I: Veterans Lunch Paper Symposia
Moderated by Chelsea Kroll, MSW, LCSW, OSW-C

The Choice Act....Is the VA Becoming Privatized?

Jennifer Dimick, MSSA, LISW-S, OSW-C; Susan Korver, MSSA, LISW

Summary: In 2014, Congress signed into law The Veterans Access, Choice and Accountability Act. The Veterans Choice Program (VCP) was developed to ensure that veterans receive high quality healthcare in their communities. The eligibility criteria for the Veterans Choice Program is presented for increased knowledge of the attendees. Clinical social workers should add military service questions to their psychosocial assessments so that specific veteran centric interventions can be identified. Collaboration between healthcare systems will increase continuity of care utilizing best medical practices.

COURSE DESIGNATION: Cultural Competency
KEYWORDS: Veterans, Patient Navigation
PRESENTATION LEVEL: Intermediate

Cancer Care Navigation: Addressing Veterans Psychosocial Distress

Ana Fisher, LICSW, OSW-C; Marcia Long, LCSW, OSW-C

Summary: Veterans are a vulnerable population who are in need of navigation when diagnosed with cancer. Veterans Affairs VISN 20 completed multiple community assessments in 2012, showing disparities in Veterans cancer mortality, the complex and fragmented VA healthcare system, and the distance traveled for treatment. Veterans were falling through the cracks. There were evident communication barriers between the treating facility and the Veterans primary care team. A lack in process and efficiency created barriers within the system that resulted in increased time between cancer diagnosis and treatment. To address these barriers, VISN 20 implemented a multidisciplinary Cancer Care Navigation Team at each of its 8 sites. The team works together to address a wide range of distress including physical, psychological, and practical barriers to care. As a result, Cancer Care Navigation Team has shown to improve the quality of care for Veterans with cancer and improving satisfaction among providers.

COURSE DESIGNATION: Cultural Competency
KEYWORDS: Patient Navigation, Veterans
PRESENTATION LEVEL: Intermediate

Identifying Veterans

Louisa Daratsos, PhD, LCSW; Karlynn BrintzenhofeSzoc, PhD, MSW

Summary: Our presentation offers an overview of the concepts of military and veteran identity and the impact on accessing sensitive patient-centered care. Veterans represent 24% of adult males and 2% of adult females, otherwise stated as 13% of all US citizens (Newport, 2012). This presentation underscores the rationale for the need to incorporate a military history into psychosocial assessments. We illustrate how using the VA's military assessment can meet the needs of patients with a military history and promote the most sensitive patient-centered care.

COURSE DESIGNATION: Cultural Competency
KEYWORDS: Veterans, Special Populations
PRESENTATION LEVEL: Intermediate



2:00 p.m. – 3:30 p.m.

**Networking & Presentations from AOSW SIGs
(5 concurrent sessions)**

| S101 |

Adolescent & Young Adult SIG Presentation

Meet Me Where I'm At: Training Oncology Providers to Better Address Young Adult Cancer Patient Needs

Erin Price, MSW; Lauren Broschak, LGSW; Jennifer Bires, LICSW, OSW-C

Summary: Oncology professionals who interact with the Young Adult (YA) oncology population should be well-versed in their specialized needs in order to improve patient-provider communication, treatment adherence, and patient quality of life (National Comprehensive Cancer Network, 2017). The George Washington University Cancer Center and Smith Center for Healing and the Arts collaborated to develop a training for oncology staff to better recognize and attend to the particular needs of young adult cancer patients. This brief training provides an overview of the challenges faced by YAs and is designed to focus on the main areas of need cited by YA cancer patients across several studies. The training also includes recommendations for incorporating these competencies into daily patient care. AOSW Workshop attendees will be provided with sample training materials and strategies for how to implement this training at their institutions.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Adolescent and Young Adult, Education

PRESENTATION LEVEL: Introductory

| S102 |

Pain, Palliative Care, and End-of-Life SIG Presentation

Exploring the Role of Life Review Videos with Patients Diagnosed with Advanced Cancer: A Social Worker's Experience

Lisa Capparella, MSS, LCSW, OSW-C

Summary: There is little research evaluating the process of life review and the impact it has on patients facing advanced cancer. Goals of this study included engaging terminally ill cancer patients in a life review video to evaluate its impact on perceptions of quality of life, determine who patients chose to share their video with and if the relationship with the interviewer made a difference in participation. Quality of life was measured prior to participating in the video, immediately after the video and approximately two weeks after the video using the FACIT-PAL. There has been inadequate research on the qualitative process of coming to terms with one's past, to reaffirm positive events and to reinterpret difficult memories in order to enhance quality of life and mental health. This study will enhance current literature while examining common themes discussed during life review with participants.

COURSE DESIGNATION: Clinical

KEYWORDS: Pain, Palliative Care and End-of-Life, Research

PRESENTATION LEVEL: Introductory

| S103 |

Integrative Oncology SIG Presentation

Demystifying Reiki Therapy: Examining Research, Application, and Practice in Psychosocial Cancer Care

Eva Morse, Reiki Master

Summary: Reiki Therapy is a complimentary therapy whose popularity is ever growing in psychosocial cancer care. Research shows it is an effective means of symptom management for cancer patients, from providing decreases in stress (Coakley & Barron, 2012), to reductions in anxiety and pain, (Birocco et al, 2011). It has also been found to offer somatic benefits including improved blood pressure, heart rate, drops in diastolic blood pressure and pulse (Olson, Hanson, & Michaud, 2003), and alleviation of nausea, vomiting, and diarrhea, (Siegel et al, 2016). After attending this presentation, attendees will be able to summarize and describe the basic premise, benefits, and applications of Reiki Therapy; determine those patients most likely to benefit from Reiki Therapy; will be confident in providing appropriate referrals; and utilize simple techniques based upon Reiki Therapy for application both on themselves and in their own practice with patients.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Pain, Palliative Care and End-of-Life

PRESENTATION LEVEL: Introductory

| S104 |

Spirituality SIG Presentation

Exploring Spirituality: The Oncology Social Worker's Role in Biopsychosocial Spiritual Assessments and Interventions

Debra Mattison, LMSW, ACSW, OSW-C, BCD; Kerry Cox Irish, MSW, LCSW, OSW-C

Summary: Both acute and chronic conditions and illnesses bring life changing realities that challenge one's physical, emotional and spiritual health. Spiritual challenges are often core as one faces how to integrate diagnosis, illness, treatment, recovery, healing and possibly death into daily life while attempting to maintain a sense of self as a whole person. The reality of illness often brings spiritual questions regarding the nature of suffering and the meaning of life. Patients and their families are confronted with core questions regarding what they believe about sickness and health, how healing occurs and what are considered



appropriate actions to take in one's treatment and coping process. Despite increasing awareness that spirituality can be an important source of hope, resilience and comfort as well as challenge and conflict, there is often a lack of clarity about who and how spirituality can and should be addressed with patients and families. As oncology social workers, we need to not only be aware of spirituality in the care of patients, but also be prepared to skillfully respond to spiritual distress and suffering. The presentation will address common spirituality-focused issues as they absorb the impact of a life threatening diagnosis of cancer as well as personal histories often involving regrets, need for forgiveness and reconciliation and searching for meaning. Practical skill building and ability to apply assessment tools and intervention strategies in future clinical practice will be emphasized.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Professional Issues

PRESENTATION LEVEL: Intermediate

| S105 |

Blood Cancer/BMT SIG Presentation

Keys to Consistent Psychosocial Care for CAR-T patients: Collaboration, Communication, Relationship Building, Formalized Assessment and Interventions

Penny Carlton Lau, MSW, MFA, LCSW, OSW-C; Matthew Floriani, MSW, LCSW, OSW-C

Summary: With recent FDA approval of Chimeric Antigen Receptor T-Cell Immunotherapy (CAR-T) for adolescents and young adults with B-cell ALL, and imminent FDA approval of immune and cellular therapies for additional populations and diagnoses, oncology social workers around the country will soon experience an influx of patients seeking support and guidance through these treatments. At a large cancer center, social work has led the multidisciplinary team in formalizing a model of psychosocial care for CAR-T therapy, including the addition of a scheduled comprehensive psychosocial assessment for each patient focusing on specific topics and themes. This presentation will elaborate on key contributions in structuring the CAR-T therapy process in general, strategic relationship building, and social work's success at the cancer center in formalizing this model as a Standard Operating Procedure. Psychosocial assessment, treatment planning, unique psychosocial stressors for CAR-T patients, applicable theories, suggestions for intervention, and a case example will be discussed.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Clinical Practice/Skill Building, Interdisciplinary Care

PRESENTATION LEVEL: Intermediate

3:30 p.m. – 4:00 p.m.

Coffee Break with the Exhibitors**

4:00 p.m. – 5:30 p.m.

Networking & Presentations from AOSW SIGs

(6 concurrent sessions)

| S201 |

Brain Tumor SIG Presentation

Family Caregiver Burden and Unmet Needs: What is Uniquely Different in Caregiving for Individuals with a Primary Brain Tumor?

Janine Genovese, LCSW, OSW-C; Dawn Kilkeny, LCSW-R, ACHP-SW

Summary: This talk will present the unique challenges for caregivers caring for a loved one with a brain tumor who is exhibiting rapid and dramatic physical, cognitive and emotional changes. In addition we will explore a palliative care psycho-educational approach for patients and their families along the disease continuum to help alleviate caregiver burden, including social work collaboration and communication as the patient moves between in and outpatient settings; clinical interventions focusing on the alleviation of caregiver stress earlier on the disease continuum and forums to address and reduce the team's feelings of helplessness while working with this population. Recommendations for providing practical guidance and emotional support that increase caregiver skill, knowledge, and understanding of the disease process will be highlighted. Case examples will be provided.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Specialized Needs

PRESENTATION LEVEL: Intermediate

| S202 |

Ethics SIG Presentation

Update on Changes to the NASW Code of Ethics: Implications for Oncology Social Workers

Christina Bach, MBE, MSW, LCSW, OSW-C; Lind Roberts, MDiv, MSW, LCSW, OSW-C

Summary: In January of 2018, the National Association of Social Workers (NASW) implemented the first revision of its Code of Ethics ("the Code") since 1996. As social work practice methods have evolved in the past 20 years, so has the need to further define ethical principles and standards for delivery of care. In its latest iteration, 20 sections of "the Code" were revised. For the first time "the Code" specifically includes how social



workers utilize technology ethically in their practice, with specific emphasis on informed consent, avoiding conflicts of interest, and maintaining client confidentiality.

Social workers, regardless of membership in NASW, are held accountable to ethical standards included in "the code." It is imperative that we are familiar with the principles and standards put forth by "the code," as it helps us to avoid potential malpractice and elevates the high ethical practice standards employed in our daily interactions with clients, families, systems, organizations and policy.

This session will focus on a review of the changes to "the code" and their application to the daily practice of an oncology social worker. We will also examine how our code works with health care systems and ethical practices of other members of the interdisciplinary team.

COURSE DESIGNATION: Ethics

KEYWORDS: Ethics

PRESENTATION LEVEL: Introductory

| S203 |

Research SIG Presentation

Building a Patient-Centered Research Collaborative (PCRC) for Oncology Social Work

Brad Zebrack, PhD, MSW, MPH; Caroline Macuiba, MSW; Elizabeth Rohan, PhD, MSW; Sophia Smith, PhD, MSW; Hee Lee, PhD, MSW, LICSW

Summary: This presentation will begin by introducing attendees to the purpose, structure, and function of a Patient-Centered Research Collaborative (PCRC) for Oncology Social Work. The PCRC represents a strategy for leveraging the knowledge and skills of social work clinicians, academic researchers, and patients to conduct research of high relevance to patients and families. Its purpose is to advance the knowledge base that informs psychosocial care of cancer patients and their families. It is also intended to strategically disseminate scientific research study results for the expressed purposes of enhancing patient experiences and population health, reducing disparities, and improving communication and coordination across systems of cancer care. This session is intended to promote an understanding of how a collaborative research group can advance oncology social workers' interests and goals, and subsequently motivate them to consider collaborative research opportunities through a new and emerging PCRC for oncology social work.

COURSE DESIGNATION: Clinical

KEYWORDS: Research, Leadership/Administration

PRESENTATION LEVEL: Intermediate

| S204 |

Sexuality SIG Presentation

Even the "Sick" Care About Fertility and Sexual Health: Education and Support Interventions on an Inpatient Oncology Unit

Rebecca DiPatri, RN, BSN, OCN®, Oncology Nurse Navigator; Sage Bolte, PhD, LCSW, OSW-C, CST

Summary: In 2013, the Update panel reviewed 2006 American Society of Clinical Oncology (ASCO) guidelines on fertility preservation. Recommendations included that health care providers address possibility of infertility and education and informed consent should occur prior to the initiation of cancer therapy. Fertility preservation options should be discussed in the inpatient setting (early and often) and referrals made to reproductive specialists. Health care providers, including oncology nurses and oncology social workers, should advise patients surrounding potential threats to fertility as early as possible in the treatment process to allow for the extensive range of fertility preservation options (Loren, Mangu, Beck, Brennan, Magdalinski, & Partridge, 2013). Patients diagnosed with cancer voice interest in discussing fertility preservation (Loren, Mangu, Beck, Brennan, Magdalinski, & Partridge, 2013). Fertility loss is important to cancer survivors and a critical part of quality of life long into survivorship (Penrose, Beatty, Mattiske, & Koczwara, 2013). It is most effective when all members of the oncological team should be prepared to discuss the risk of infertility with cancer treatment (Loren, Mangu, Beck, Brennan, Magdalinski, & Partridge, 2013). Nurses and oncology social workers can work together to initiate fertility discussions because patients may be overwhelmed and may not consider impact of treatment, and may feel it is inappropriate to discuss. Nurses and oncology social workers can have a significant role in cancer related infertility follow-up in the inpatient setting (Kelvin, Kroon, & Ogle, 2017). Additionally, sexual health concerns across the life spectrum should be included in inpatient assessments and evaluation. Intimacy is a human need and sexual and non-sexual intimacy may be an important part of someone's life even at the end of life (Cagle & Bolte, 2009). Authors will review a quality improvement project that aimed to improve access and information to fertility preservation and sexual health information on an oncology inpatient unit.

COURSE DESIGNATION: Clinical

KEYWORDS: Education, Sexual Health, Interdisciplinary Care

PRESENTATION LEVEL: Intermediate



| S205 |

Patient Navigation SIG Presentation

We Want You to Be Our Navigator...the Journey from Oncology Social Worker to Breast Patient Navigator
Cara Kondaki, MSW, LCSW, ACSW, CBPN-IC, OSW-C

Summary: "We Want You to Be Our Navigator"... when I was asked to become our Breast Patient Navigator I had no idea what the term navigator meant. While studying for and eventually passing the NAPBC Breast Navigator Certification exam, I learned to incorporate my role as an Oncology Social Worker with the goals of a patient navigator to meet the COC standard. With that came abstracting, excel spreadsheets and reporting to our Breast Leadership team and Cancer Committee Chair. My social work counseling skills really came in handy when identifying the depression, anxiety and fears that prevented patients from following up. Referrals for counseling, support groups, financial assistance, housing, transportation, talking to their children, talking to their children, fertility preservation, etc., etc., were already part of my toolbox! were already part of my toolbox!

This talk will provide participants with a basic overview of the history of Patient Navigation in health care, specifically oncology, and how it has evolved as a standard of care through the Commission on Cancer. Attendees will learn about the importance of defining a patient navigator's role, as well as area of practice.

It will also review the goals of the recent Inaugural meeting of the National Navigation Roundtable which include the vision for the future of patient navigation.

COURSE DESIGNATION: Clinical
KEYWORDS: Patient Navigation
PRESENTATION LEVEL: Introductory

| S206 |

Radiation Therapy SIG Presentation

Access to Advances in Radiation through an Oncology Social Workers Eyes

Lauren DeWitt, MSW; Chelsea Foote, LCSW

Summary: Have you struggled getting your patients to and from treatment? Do you feel like, as a social worker, you could do more to advocate for your patients but do not know how? Maybe you work with underinsured and uninsured patients who do not receive the same care that those with Medicare and other insurance plans receive. Perhaps you have thought about starting more supportive services within your clinic to address these concerns, but don't know where to start.

This talk will provide participants with ways to break down the barriers many patients face and identify resources for patients and their families, whether they live in the area or are traveling from across the country for their radiation treatments. It will also address the need for psychosocial support programs and groups for patients and caregivers, during and after treatment.

Attendees will learn the importance of working with the multidisciplinary team and how this increases the quality of cancer care provided to patients and their families. We will also review various advocacy avenues for patients who do not have the same access to care.

All AOSW Conference attendees welcome!

COURSE DESIGNATION: Clinical
KEYWORDS: Advocacy, Advocacy & Health Policy, Oncology Social Work as a Profession
PRESENTATION LEVEL: Introductory

5:45 p.m. - 6:45 p.m.

Paper Session II (6 concurrent Sessions)

| P201 |

The Myth of the Well Adjusted Asian Patient - Culture and Cancer Distress

Jenny Lu, MSW, LCSW

Summary: Asian cancer patients experience high levels of symptom burden, psychological distress, and disruption of family functioning, yet underutilize services across the cancer care continuum. Asian religions and belief are often rooted in Buddhism, Taoism, and Confucianism. Theoretical framework in Systems Theory and a review of Asian religions and philosophy may be the key to unlocking the mystery. The data from SupportScreen showed that Asian and Non-Asian cancer patients endorsed similar level of distress yet Asian patients are less likely to ask for support and services. Psychosocial cultural spiritual assessments and culturally sensitive cancer information and services may bridge the gap between the Asian cancer patients' distress and cancer care.

COURSE DESIGNATION: Cultural Competency
KEYWORDS: Distress/CoC, Special Populations
PRESENTATION LEVEL: Introductory



| P202 |

Supporting Young Adult Cancer Patients During Transition from Active Treatment to Survivorship Care and Beyond

Casey Walsh, LCSW; Jennifer Currin-McCulloch, LMSW, OSW-C; Barbara Jones, PhD, MSW, FNAP

Summary: Adolescent and young adult (AYA) cancer survivors transitioning from active treatment to survivorship care often experience increased anxiety and distress, an increased need for information related to post-treatment follow-up care, and uncertainty about life after cancer (Kwak et al., 2013). The unique challenges and concerns facing AYAs persist beyond cancer diagnosis and treatment (Quinn, Goncalves, Sehovic, Bowman, & Reed, 2015). Continued support and education is integral in supporting AYAs as they struggle with shifting their identity from patient to survivor and eventually transitioning to adulthood (Jones, Parker-Raley, & Barczyk, 2011). Building upon our clinical experiences in the field and review of the literature, we will facilitate an interactive discussion with conference participants about opportunities to help bridge services and supports for AYAs during transition.

COURSE DESIGNATION: Clinical

KEYWORDS: Adolescent and Young Adult, Survivorship

PRESENTATION LEVEL: Intermediate

| P203 |

Survivorship: An Integral Perspective

Linda McLellan, MSW; Larry Foster, PhD, MSW

Summary: Oncology social work can position itself as leaders in addressing the psychosocial aspects of cancer survivorship. Efforts to improve psychosocial outcomes for cancer survivors are needed; there is a complexity of psychosocial vulnerabilities, and social work can best meet these in an integrative manner. This presentation will enhance understanding of psychosocial aspects of cancer survivorship and ability to integrate meaningful psychosocial care leading to best practices for cancer survivors, across the life-span. The impact of diversity and socioeconomic status on access to care and treatment outcomes will be addressed. Presented will be a model for oncology social work, utilizing an integrated approach which considers multiple system levels and perspectives, including the subjective, objective, intersubjective, and interobjective dimensions of cancer survivorship.

COURSE DESIGNATION: Clinical

KEYWORDS: Survivorship, Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

| P204 |

CoC Patient Navigation Process and the Oncology Social Worker

Nina Miller, MSSW, OSW-C; Mohammad Khalaf, MPH

Summary: The Commission on Cancer's Patient Navigation Process Standard requires a triennial Community Needs Assessment be completed to assess the community's health care disparities; resources; and patient, provider, and system-based access barriers. The Oncology Social Worker has the critical skills needed to be a key member of the team charged with the creation of the Community Needs Assessment. The workshop presenters will discuss the critical role of the social worker in creating and using the Community Needs Assessment and developing the Patient Navigation Process for the cancer program. A toolkit to provide programs with a framework for the assessment was created by the GW Cancer Center will be rolled out to the workshop attendees.

COURSE DESIGNATION: Clinical

KEYWORDS: Patient Navigation, Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

| P205 |

Let's Be Frank - Vamos Hablar con la Verdad! Facilitating Culturally Sensitive Conversations with Latino Clients and Families

Enedina Enriquez, LCSW; Andrya Burciaga, DNP, APRN, FNP-BC; Merlyn Palacios, MSN, APRN, FNP-BC

Summary: In the Latino culture, religion, faith, hope and prayer can have a positive impact in the healing process but it can also impact decision-making, problem-solving and planning. Hope helps with meaning making but many times it is connected to a cure. Guiding the transition of hope for a cure to hope for a good death can present challenges but can also lessen the severity of suffering, anxiety, stress and trauma. The presentation will introduce a culturally sensitive conversation guide and provide a sample assessment tool utilized by the practitioner as well as share findings from a collaborative pilot study training social work student interns and employing a community health worker to engage Latino families in discussions of advanced care directives.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Clinical Practice/Skill Building, Pain, Palliative Care and End-of-Life

PRESENTATION LEVEL: Intermediate



| P206 |

Staying Current: Speaking the Language of Social Determinants of Health to Demonstrate Social Work Value in Oncology Care

Iris Cohen Fineberg, PhD, MSW, OSW-C

Summary: The term social determinants of health has become commonly heard in the discussion of medical care as recognition grows that people's health is highly influenced by their social conditions. For social workers, this concept is at the center of practice, regardless of practice area. Oncology social work functions at its core with the social determinants that impact patients and families. This session will focus on helping participants to understand the language of social determinants and connect this language to the existing work done by oncology social workers. Strategies to help people apply this language to their work place and positions will be discussed to advocate for oncology social work in the current health care environment.

COURSE DESIGNATION: Clinical

KEYWORDS: Professional Issues

PRESENTATION LEVEL: Introductory

7:00 p.m. – 8:30 p.m.

Opening Reception, Exhibits, Poster Session & Silent Auction**

POSTERS**

**These sessions are not eligible for CEs

Poster Session

Wednesday, May 30

| PO1 |

Are We Almost There Yet? Implementing a Supportive Care Clinic in a Under Resourced Hospital

Catherine Cassingham, MSW, LSW; Yabari Avalos, BSW; Dr. Pam Khosla, MD; Christine Weldon, MBA

| PO2 |

Will You Talk to My Child? Working with Children of Parental Cancers and the Challenges for Oncology Social Workers

Dianne Bednarik Mead, LCSW-R

| PO3 |

Chemoflage: Innovations in Education for Women Undergoing Chemotherapy: A Peer Approach

Katherine Easton, MSW, LCSW, OSW-C

| PO4 |

What Matters to Blood and Marrow Transplant Survivors: Bolstering Resilience Through a Telephone Support Group

Katie Schoeppner, MSW, LICSW; Lisa Pomarico, MSW, LGSW, CHTC; Leah Christianson, BS; Olivia Eusden, MSW, LICSW; Debbie Jacobson, OPN-CG; MariaEugenia MacWilliams, BA

| PO5 |

Transforming Psychosocial Oncology Services Through an Integrated Service Model

Sarah Conning, LCSW, OSW-C

| PO6 |

A Ticking Time Bomb: Opioid Abuse & Criminal Social Work Best Practices

Samantha Williamson, LMSW

| PO7 |

Facilitating Connection over the Telephone Wire: Development and Initial Outcomes of Telephone Support Group for Patients with Advanced Lung Cancer

Briana Joyce, LCSW; Holly Wilson, LCSW, ACSW

| PO8 |

Tear Down These Barriers: How Social Workers Can Reduce Barriers to Colorectal Cancer Screening Participation in the African-American Community

Michael Grignon, LMSW, CCM, MBA

| PO9 |

Synergizing Social Work and Nurse Navigation Competencies to Manage Complex Colorectal Cancer Screening for the Homeless

Beverly Thorpe, LCSW

| PO10 |

Cancer Care Management: Adaptations of An Evidence-Based Biobehavioral Intervention to Maximize Impact

Larissa Hewitt, MSW, LICSW; Suzanne O'Regan, MSW, LICSW; Katelyn MacDougall, MSW, LICSW; Larisa Patacchiola, MSW, LICSW

WITHDRAWN



| PO11 |

Made-To-Measure: A Navigating Program Shaped By Interdisciplinary Collaboration and Perspective-Sharing Meredith Ruden, LCSW, Doctoral Student

WITHDRAWN

| PO12 |

The Evolution of a Hospital Based Bereavement Program; From Potluck Dinners to Social Media

Hollee Muller, MSW, LCSW, LMSW; Caroline Gill, MSW, LMSW, LCSW

| PO13 |

Impact of a Survivorship Consultative Visit on Self-Efficacy for Disease Management in Breast Cancer Patients: A Pilot Study

Bryan Miller, MSW, LCSW, OSW-C; Dawn Hayes, PhD, PT, GCS; Hiba Tamim, MD; Kevin Schreffler, MSN, RN, OCN; Donna Meyer, BSN, MS; Carol Del Campo, RN, BSN, OCN; Amy Sickles, PA-C; Mildred Nunez Jones, BA, CTR

| PO14 |

Randomized Control Trial of Four Conversations: An Online, Shared Decision Making Curriculum For Metastatic Breast Cancer Patients, Caregivers and Providers

Sophia Smith, PhD, MSW; Kelly Westbrook, MD; Kristin MacDermott, LPC, MFT; Matthew LeBlanc, RN; Sathya Amarasekara, BS, MS; Wei Pan, PhD

| PO15 |

Best Practices: YSC's Council of Advisors Providing Expert Guidance on AYA Issues

Jean Rowe, LCSW, OSW-C, CJT; Michelle Esser, JD, MBA; Mary Ajango Megan McCann, MPH; Maggie Nicholas-Alexander, MPH

| PO16 |

Two for the Price of One: A Model for Providing Individualized Care to Couples Managing Anticipatory Grief

Julie Salinger, LICSW; Elizabeth Farrell, MSW

| PO17 |

Use and Benefits of Telephone-Based Peer Support in Women Surviving/At Risk for Breast Cancer: Implications for Oncology Social Workers

Adina Fleischmann, LSW; Elana Silber, MBA; Kenneth Tercyak, PhD; Suzanne O'Neill, PhD; Kathryn Rehberg, MA

| PO18 |

Self-Disclosure in Oncology Social Work: Clinical Practice in the Context of Personal Cancer Coping Experience: Research Results and Clinical Implications Kimberly Lawson, LCSW, DSW Candidate

WITHDRAWN

| PO19 |

Furthering Oncology Social Work: An Examination Patient Navigation for Oncology Patients of Color

Cynthia Piedra, BA, BASW; Gailon Wixson, BA

| PO20 |

Living Well with Cancer: A New Way of Being is a Comprehensive Curriculum to Inspire Participants to Thrive Beyond Cancer

Drucilla Brethwaite, MSW, LCSW, OSW-C; Sermsak Lolak, MD; Rebecca McIntyre, MA., M.Ed., LCSW, OSW-C; Micheline Toussaint, LCSW, RYT

| PO21 |

Feasibility and Acceptability of Providing Referrals for Sleep Specialists to Breast Cancer Survivors with Chronic Sleep Problems

Julie Otte, PhD, RN, OCN; Jill Dodson, LSW, LMHC, LMFT, CCM; Lea Jackson, BSN, RN; Charlotte Howard, MSN, RN, CBCN; Sarah Dutkevitch, RN, OCN; Kandice Ludwig, MD; Shalini Manchada, MD; Yelena Chernyak, Assistant Professor in Clinical Psychiatry

| PO22 |

Balancing Countertransference and Compassion Fatigue: Increasing Awareness to Provide Best Social Work Practice in Oncology Settings

Shelby Becka, MSSW, LCSW; Tiffany Meyer, MSSW, LCSW

| PO23 |

An Insider's View: How a Survivor-Led Program Can Add to the Debate on the Efficacy of Writing in Cancer Care

Elizabeth Flamm, LCSW

| PO24 |

Racial Disparities in Breast Cancer Outcomes: The Influence of Socioeconomic Determinants on Treatment Decision Making

Lailea Noel, PhD



| PO25 |

Finding Your New Normal (FYNN) - Support Program for Patients Who Have Completed Head and Neck Cancer Treatment

Lauren M. Somers, MSW, LCSW, OSW-C; Richard Diehl, RN, BSN, CHPN; Sarah Squire, MD

| PO26 |

Interdisciplinary Led Educational Program (Group-Visit) for Post-Treatment Cancer Survivors Helps Meet CoC Standards and Addresses Psycho-Social Aspects of Cancer Survivorship

Gwen Paull, MSSA, LISW-S, OSW-C

| PO27 |

"But, You Don't Look Sick": Managing the Complex Psychosocial Needs of Young Adult Patients with Metastatic Cancer

Sarah Paul, LMSW, LCSW

| PO28 |

Lean On Me: Proactive Multi-Disciplinary Support Services Introduction for New Patient/Family Education

Catherine Credeur, MSW, LMSW, OSW-C

| PO29 |

Care Transitions in Outpatient Cancer Centers: Processes and Social Work Roles

Crystal Broussard, PhD, MSW, LCSW; Ellen Csikai, LCSW, MPH, PhD

| PO30 |

HPV Literacy is Associated with Completion of HPV Vaccine in Young Adult Women

Hee Lee, PhD, MSW, LICSW; Jeongwon Baik, Jeongwon; Hee Eun; Young-Hoon

***These sessions are not eligible for CEs*

Thursday, May 31

7:00 a.m. - 6:00 p.m.

Conference Registration Open**

7:30 a.m. - 8:30 a.m.

Continental Breakfast & Exhibits**

8:00 a.m. - 5:00 p.m.

Posters Displayed in Exhibit Hall**

8:30 a.m. - 10:00 a.m.

Clinical Practice Intensives I (5 concurrent sessions)

| CPI 101 |

Releasing Resentment & Cultivating Self-Forgiveness - Part I

Kristy Case, MSW, LCSW, OSW-C

Summary: Cancer patients have an array of emotions throughout their cancer experience. As social workers, we have a window of opportunity to help cancer patients cultivate self-forgiveness. In order to do that, cancer patients must first become aware of their resentments. This presentation will provide education on the clinical relevance of resentment and how it causes emotional suffering for cancer patients. Participants will learn tools and techniques to mitigate the effects of resentments and create a greater sense of self-compassion through self-forgiveness. The Love Fest Retreat was created for cancer patients as a response for the common struggle of emotional upheaval that cancer patients experience. Patients often disclosed a high level of self-directed shame, blame, distrust and punishment as it related to cancer, relationships and life choices. The Love Fest Retreat is designed as a full-day, healing retreat with the hopes of creating an emotionally transformative process which will lead to more effective coping.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Specialized Needs

PRESENTATION LEVEL: Intermediate

OUTLINE:

8:30 a.m. - 8:45 a.m.

Introductions & Expectations

8:45 a.m. - 9:00 a.m.

Educate participants on clinically relevant importance of exploring resentment



9:00 a.m. – 9:15 a.m.

Educate participants on how fostering resentment can harmfully impact a cancer patient's life

9:15 a.m. – 9:30 a.m.

Teach participants the psychological benefits and tools of releasing resentment

9:30 a.m. – 9:45 a.m.

Breakout Session: attendees work in groups to brainstorm ways to apply the tools of releasing resentment in their professional work environments with cancer patients

9:45 a.m. – 10:00 a.m.

Regroup and Debrief

| CPI 102 |

Using Dialectical Behavioral Therapy (DBT) Informed Practice for Disease-Related Anxiety - Part I

Lauren Kriegel, MSW, LCSW

Summary: Cancer and anxiety often go hand in hand. Patients often feel lost and lacking the coping skills needed to better navigate the emotions they experience during cancer treatment. Dialectical Behavioral Therapy (DBT) can offer an exciting method of treatment with cancer patients. One of the most encouraging things about utilizing DBT informed practice is empowering patients with a set of practical, easy to learn skills that can be used almost anywhere and at any time. DBT informed skills reduce feelings of helplessness and put the patient in the driver's seat of how they cope with their illness. Participants in this clinical practice intensive will receive an overview of the history and principles of DBT, have an opportunity to practice and apply them, and leave with a set of practical skills that can be introduced into their daily practice immediately.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

OUTLINE:

8:30 a.m. – 9:00 a.m.

Introduction, Expectations, and History/Background of DBT and the evidence base behind DBT Informed Practice

9:00 a.m. – 9:30 a.m.

Overview of the four components of DBT. Definition and discussion of dialectical thinking and mindfulness.

9:30 a.m. – 9:45 a.m.

Group breakout – Identifying dialectical thought patterns

9:45 a.m. – 10:00 a.m.

Mindfulness activity and discussion/ questions

| CPI103 |

The LGBT/Sexual Minority Communities Affected by Cancer - Part I

Current and Historical Perspective of Struggle and Well-Being - Psychosocial Issues, Clinical Needs and Interventions within the Context of Healthcare Disparities

Bill Goeren, MSW, LCSW-R, OSW-C, ACSW

Summary: Current research has indicated that being a member of a sexual minority may result in greater health risk issues and problems than their heterosexual counterparts because of social stress related to pervasive and ubiquitous experience of prejudice, stigma and discrimination from society in general as well as the healthcare community (Frost, Lehavot, Meyer, 2015).

This 2-part, comprehensive workshop will focus on the historical background and current social themes, including overt and covert organizational, social and individual discrimination, that impact the well-being, as well as the healthcare decisions, by LGBT communities affected by cancer – the person with cancer and their caregivers.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Special Populations

PRESENTATION LEVEL: Intermediate

OUTLINE:

This workshop will provide an overview of current literature and research that examines and substantiates minority stress and healthcare disparities as influential determinants in LGBT.

Specifically:

8:30 a.m. – 9:00 a.m.

What is the background and why is this important! - Historical overview of the social, political, and psychosocial context focused on LGBT communities and the individual.

9:00 a.m. – 9:30 a.m.

Who is this client and what are the issues? - Fundamentals of theory, research, explanation of definitions and the meaning of identity centered on Minority Stress Model and Healthcare Disparities and its impact on LGBT community affected by cancer.

9:30 a.m. – 10:00 a.m.

Overview of the minority stress model and healthcare disparities and the impact on gay men as well as men who have sex with men (MSMs) affected by cancer and their caregivers



| CPI 104 |

The Impact of Cancer on Children and Teens - Part I

Carissa Hodgson, LCSW, OSW-C

Summary: When someone is diagnosed with cancer it affects the entire family. In your role as an oncology social worker you will likely encounter concern surrounding how to support children and teens through a parent or loved one's diagnosis. Sharpen your understanding of how to best support young people and their parents through a cancer diagnosis and whatever comes after.

COURSE DESIGNATION: Clinical

KEYWORDS: Adolescent and Young Adult, Education

PRESENTATION LEVEL: Intermediate

OUTLINE:

8:30 a.m. – 9:00 a.m.

Review child and teen development in its relation to understanding cancer, separation, loss, death and grief.

9:00 a.m. – 9:30 a.m.

Understand common reactions of children and teens to a cancer diagnosis in the family and how to identify signs of distress.

9:30 a.m. – 10:00 a.m.

Learn the most effective interventions and resources for children and teens, from the time of diagnosis through post-treatment or grief.

| CPI 105 |

Oncology Social Work Through a Trauma Informed Lens – Part I

Eileen Joyce, MSW, LICSW

Summary: For many of the patients and families we work with, a diagnosis of cancer is a traumatic event. Some of our patients also come to us with a history of pre-existing trauma. How that trauma history impacts and interacts with their experience of their cancer diagnosis, how they navigate their treatment, and how they move forward with life after cancer will be explored during this session. What influence we may have on that experience as individual practitioners and in our clinic settings will also be examined. We will learn the principles of trauma informed care and think through how we may bring an awareness of trauma informed care to our own practice and our larger health care settings. Finally, we will consider how the degree of trauma we see with our patients and families as well as in our own life experience may impact us and our ability to provide the trauma informed care our patients and families need.

COUSE DESIGNATION: Clinical

KEYWORDS: Specialized Needs, Clinical Practice/
Skill Building

PRESENTATION LEVEL: Introductory

OUTLINE:

8:30 a.m. – 8:40 a.m.

Introductions and Expectations

8:40 a.m. – 9:10 a.m.

How a cancer diagnosis can be experienced as a trauma

9:10 a.m. – 9:40 a.m.

How trauma history can the impact health and functioning

9:40 a.m. – 9:55 a.m.

Overview of the principles of trauma-informed care.

9:55 a.m. – 10:00 a.m.

Regroup and Conclusion

10:00 a.m. – 10:30 a.m.

Coffee Break with the Exhibitors **

10:30 a.m. – 12:00 p.m.

Clinical Practice Intensives II (5 concurrent sessions)

| CPI 201 |

Releasing Resentment & Cultivating Self-Forgiveness – Part II

Kristy Case, MSW, LCSW, OSW-C

Summary: Cancer patients have an array of emotions throughout their cancer experience. As social workers, we have a window of opportunity to help cancer patients cultivate self-forgiveness. In order to do that, cancer patients must first become aware of their resentments. This presentation will provide education on the clinical relevance of resentment and how it causes emotional suffering for cancer patients. Participants will learn tools and techniques to mitigate the effects of resentments and create a greater sense of self-compassion through self-forgiveness. The Love Fest Retreat was created for cancer patients as a response for the common struggle of emotional upheaval that cancer patients experience. Patients often disclosed a high level of self-directed shame, blame, distrust and punishment as it related to cancer, relationships and life choices. The Love Fest Retreat is designed as a full-day, healing retreat with the hopes of creating an emotionally transformative process which will lead to more effective coping.



COURSE DESIGNATION: Clinical
KEYWORDS: Clinical Practice/Skill Building,
Specialized Needs
PRESENTATION LEVEL: Intermediate

OUTLINE:

10:30 a.m. – 10:45 a.m.

Educate participants on clinically relevant importance of exploring self-forgiveness

10:45 a.m. – 11:00 a.m.

Educate participants on how exploring self-forgiveness can positively impact a cancer patient's life

11:00 a.m. – 11:15 a.m.

Teach participants the psychological benefits and tools of cultivating self-forgiveness

11:15 a.m. – 11:30 a.m.

Breakout Session: attendees work in groups to brainstorm ways to apply the tools of cultivating self-forgiveness in their professional work environments with cancer patients.

11:30 a.m. – 11:45 a.m.

Regroup, Debrief

11:45 a.m. – 12:00 p.m.

Q&A and Conclusion

| CPI 202 |

Using Dialectical Behavioral Therapy (DBT) Informed Practice for Disease-Related Anxiety - Part II

Lauren Kriegel, MSW, LCSW

Summary: Cancer and anxiety often go hand in hand. Patients often feel lost and lacking the coping skills needed to better navigate the emotions they experience during cancer treatment. Dialectical Behavioral Therapy (DBT) can offer an exciting method of treatment with cancer patients. One of the most encouraging things about utilizing DBT informed practice is empowering patients with a set of practical, easy to learn skills that can be used almost anywhere and at any time. DBT informed skills reduce feelings of helplessness and put the patient in the driver's seat of how they cope with their illness. Participants in this clinical practice intensive will receive an overview of the history and principles of DBT, have an opportunity to practice and apply them, and leave with a set of practical skills that can be introduced into their daily practice immediately.

COURSE DESIGNATION: Clinical
KEYWORDS: Clinical Practice/Skill Building
PRESENTATION LEVEL: Intermediate

OUTLINE:

10:30 a.m. – 11:00 a.m.

Definition and discussion of Interpersonal Effectiveness and Emotion Regulation.

11:00 a.m. – 11:30 a.m.

Definition and discussion of Distress Tolerance (including radical acceptance) and the use of diary cards to monitor effectiveness. Discussion about how all four components of DBT are inter-related.

11:30 a.m. – 12:00 p.m.

Practice selection of skills, practice teaching of skills and questions.

| CPI 203 |

The LGBT/Sexual Minority Communities Affected by Cancer - Part II

Current and Historical Perspective of Struggle and Well-Being - Psychosocial Issues, Clinical Needs and Interventions within the Context of Healthcare Disparities

Bill Goeren, MSW, LCSW-R, OSW-C, ACSW

Summary: Current research has indicated that being a member of a sexual minority may result in greater health risk issues and problems than their heterosexual counterparts because of social stress related to pervasive and ubiquitous experience of prejudice, stigma and discrimination from society in general as well as the healthcare community (Frost, Lehavot, Meyer, 2015).

This 2-part, comprehensive workshop will focus on the historical background and current social themes, including overt and covert organizational, social and individual discrimination, that impact the well-being, as well as the healthcare decisions, by LGBT communities affected by cancer – the person with cancer and their caregivers.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Special Populations

PRESENTATION LEVEL: Intermediate

OUTLINE:

This workshop will provide an overview of current literature and research that examines and substantiates minority stress and healthcare disparities as influential determinants in LGBT. Specifically:

10:30 a.m. – 11:00 a.m.

Minority Stress Model, healthcare disparities, coming out, community and invisibility – the impact on lesbians affected by cancer and their caregivers. Working with gay women who may not trust you and healthcare system.



11:00 a.m. – 11:30 a.m.

The Transgender Community, cancer and the journey for clients and clinicians. Definitions and explanations of the confusion, discrimination and the need for understanding and education.

11:30 a.m. – 12:00 p.m.

The oncology social worker and the LGBT person affected by cancer. You, your office and your clinic. Clinical advice for best practices, challenging belief systems, and suggestions for connecting to, and creating safety for, your client.

| CPI 204 |

The Impact of Cancer on Children and Teens - Part II

Carissa Hodgson, LCSW, OSW-C

Summary: When someone is diagnosed with cancer it affects the entire family. In your role as an oncology social worker you will likely encounter concern surrounding how to support children and teens through a parent or loved one's diagnosis. Sharpen your understanding of how to best support young people and their parents through a cancer diagnosis and whatever comes after.

COURSE DESIGNATION: Clinical

KEYWORDS: Adolescent and Young Adult, Education

PRESENTATION LEVEL: Intermediate

OUTLINE:

10:30 a.m. – 11:00 a.m.

Understand the role of resilience in families facing cancer and how to help families engage their natural strengths to cope with and grow through a cancer diagnosis.

11:00 a.m. – 11:30 a.m.

Discuss case examples of families faced by cancer, identifying familial factors affecting success, as well as the impact of formal and informal support systems.

11:30 a.m. – 12:00 p.m.

Explore the world of resources for parents, teens and children affected by cancer, and how to best connect families to valuable support.

| CPI 205 |

Oncology Social Work Through a Trauma Informed Lens - Part II

Eileen Joyce, MSW

Summary: For many of the patients and families we work with, a diagnosis of cancer is a traumatic event. Some of our patients also come to us with a history of pre-existing trauma. How that trauma history impacts and interacts

with their experience of their cancer diagnosis, how they navigate their treatment, and how they move forward with life after cancer will be explored during this session. What influence we may have on that experience as individual practitioners and in our clinic settings will also be examined. We will learn the principles of trauma informed care and think through how we may bring an awareness of trauma informed care to our own practice and our larger health care settings. Finally, we will consider how the degree of trauma we see with our patients and families as well as in our own life experience may impact us and our ability to provide the trauma informed care our patients and families need.

COUSE DESIGNATION: Clinical

KEYWORDS: Specialized Needs, Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

OUTLINE:

10:30 a.m. – 11:00 a.m.

How oncology social workers can approach their practice through a trauma informed lens

11:00 a.m. – 11:30 a.m.

Clinical tools used in working with patients who have been impacted by trauma

11:30 a.m. – 11:45 a.m.

Group discussion: how to articulate the value of a trauma informed approach to interdisciplinary health care teams

11:45 a.m. – 12:00 p.m.

Wrap-up and Conclusion

12:15 p.m. – 1:45 p.m.

Lunch Panel II

Natural Disasters and Relief Efforts as an Oncology Social Worker

Moderated by Catherine Credeur, LMSW, OSW-C

FEATURING:

Ann Kambara, MSW (American Red Cross, US Virgin Islands)

Cara Kondaki, MSW, LCSW, ACSW, CBPN-IC, OSW-C (Cleveland Clinic Florida)

Margaret Meyer, MSW, MBA, LCSW (MD Anderson Cancer Center)

Summary: This panel focuses on both professional and personal experiences of oncology social workers' during natural disasters. Through examples from Hurricanes Andrew, Harvey, and Irma, and Red Cross disaster relief



efforts in Puerto Rico and the US Virgin Islands, this panel will address that social workers, both by our nature as proactive helpers and our training in community resources, community organization, and emotional trauma, are often on the front line after disasters. From an administrative standpoint to the individual oncology social worker on the ground, this panel will address disaster planning to prevent interruptions in cancer care; emergency response and recovery; and continuing self-care after a natural disaster.

COURSE DESIGNATION: Clinical

KEYWORDS: Access to Care, Oncology Social Work as a Profession

PRESENTATION LEVEL: Introductory

2:00 p.m. – 3:30 p.m.

Paper Symposia/Learning Institutes I

(6 concurrent sessions)

| LI 101 |

Oncology Social Work 101: An Overview of Psychosocial Oncology Practice - Part I

Christina Bach, MBE, MSW, LCSW, OSW-C; Catherine Credeur, MSW, LMSW, OSW-C; Iris Cohen Fineberg, PhD, MSW, OSW-C; Eucharia Borden, MSW, LCSW, OSW-C; Sara Toth, MSW, LCSW; Sandra Blackburn, MSW; Meredith Cammarata, MSW, LCSW-R

Summary: Oncology social work (OSW), is a unique sub-specialty practice of medical social work. Oncology social workers (OSWs) are present in many diverse settings including inpatient and outpatient medical facilities, community support organizations, national and local advocacy groups, home care and hospice agencies, palliative care teams, bereavement support, education, administration, academia and private practice. We also serve persons at many different places in the cancer trajectory: from risk and prevention, to diagnosis and treatment, to survivorship and to end of life care. We provide care at the micro, mezzo and macro levels. However, missing from most social work training programs is oncology social work specific education and preparation.

This skill building, 2-part learning institute is an orientation to the field of psychosocial oncology. We will explore the history, functions, roles and limitations of OSW in diverse settings. We will examine the evolution of OSW as a sub-specialty and focus on the shift from paternalistic models of care to patient centered, value based care. Oncology social work competencies will be reviewed. We will analyze the roles of OSWs as part of interprofessional oncology care teams. Issues related to distress screening, assessment skills, supporting caregivers, finding resources, and building coalitions through collaborative relationships will be addressed. Attention will be given to the art

of practicing with cultural humility when working with persons from diverse cultures, races and religions. We will give specific attention to the necessity of self development and self care in the OSW professional. Options for career development, post master's training and opportunities for OSWs to participate in research will also be discussed. Finally, we will review areas where OSWs may be involved in ethical conflicts including end-of-life care, decision making/advanced care planning and moral distress.

The target audience for this session are new graduates, oncology social workers with 5 years or less experience in the field, or seasoned practitioners looking to refresh their knowledge or perhaps transition to work in a different oncology setting.

COURSE DESIGNATION: Clinical

KEYWORDS: Education, Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

OUTLINE:

2:00 p.m. – 2:15 p.m.

Introductions, review of learning objectives, ice breaker activity

2:15 p.m. – 2:30 p.m.

Overview of the history, functions, roles and limitations of oncology social workers in diverse settings

2:30 p.m. – 3:00 p.m.

Inter-professional teams in oncology care settings/ Social work contributions to team collaboration and delivery of care.

3:00 p.m. – 3:15 p.m.

Overview of patient-centered model of care in oncology social work

3:15 p.m. – 3:30 p.m.

Overview of values-based care in oncology social work.

| LI 102 |

Using Intervention Research to Inform Practice: Critical Steps in Intervention Research with Exemplars from the Field

Julianne Oktay, MSW, PhD; Karen Kayser, MSW, PhD; Daniela Wittmann, PhD; Sophia Smith, MSW, PhD; Hee Yun Lee, PhD, LICSW; Matthew Floriani, MSW; Angela Usher, LCSW, OSW; Amy Corveleyn, MSW, LICSW; Alison Snow, PhD, LCSW-R, OSW-C

Summary: The AOSW Research Committee presents this Learning Institute on Intervention Research to familiarize participants with the critical steps of this important type of research. The Learning Institute begins with a presentation on the



steps of Intervention Research, with illustrations from the research of Research Committee members. Then, four oncology social work practitioners who have incorporated intervention research into their own practices will describe their projects. Participants will work on an exercise designed to help them to identify/develop/clarify an intervention research project in their own practice and to understand what steps have been completed and which are needed to advance the project. Opportunities are provided for participants to interact with researchers and with the practitioner presenters for advice on their own projects.

COURSE DESIGNATION: Clinical
KEYWORDS: Research, Advocacy
PRESENTATION LEVEL: Introductory

| LI 103 |

Mitigating Financial Toxicity: Effectively Navigating Health Insurance

Joanna Morales, Esq.; Monica Bryant, Esq.

Summary: A majority of Americans do not understand their health insurance options or how to use a policy once they have one. Many individuals turn to their healthcare providers for guidance. When oncology social workers are aware of available health insurance options, more patients can be effectively navigated towards appropriate and adequate health insurance coverage, thereby minimizing out-of-pocket costs, decreasing financial burden, lowering odds of stress, anxiety, and depression, and improving the quality of patient survivorship outcomes. This learning institute will provide information and practical tools that oncology social workers can use in their clinical practice to aid patients in understanding their health insurance options and navigating insurance coverage, bills, denials, and appeals. Ongoing changes to the health care system at the federal and state levels will also be discussed.

COURSE DESIGNATION: Cultural Competency
KEYWORDS: Special Populations, Clinical Practice/
Skill Building
PRESENTATION LEVEL: Intermediate

| LI 104 |

Promoting Collaborative Practice through Collaborative Learning: Preparing for Interprofessional Education in Oncology

Tara Schapmire, PhD, CSW, OSW-C, FNAP; Barbara Jones, PhD, MSW, FNAP

Summary: IPE in oncology is essential to prepare students to practice in today's healthcare environment where they

will work on teams and collaborate with other disciplines in order to provide holistic, patient-centered care. Two faculty members, from different universities, experienced in the development of mandatory IPE curriculum in oncology palliative education will lead this interactive workshop. Participants will review the definition and core competencies for IPE as a basis for designing activities and curricula. They will evaluate their own and their institution's readiness for participation in IPE using standardized tools and an evaluation of their strengths, weaknesses, and opportunities in this area. The importance of faculty development and examples of activities for such development will be explored. Common barriers to IPE will be delineated and solutions offered. Methods for designing IPE activities will be presented and attendees will develop a draft plan for an IPE activity.

COURSE DESIGNATION: Clinical
KEYWORDS: Education, Interdisciplinary Care
PRESENTATION LEVEL: Advanced

| LI 105 |

Reclaiming Pleasure: Empowering Cancer Patients to Manage Their Sexual Symptoms After Cancer Treatment

Jennifer Bires, LCSW, OSW-C; Daniela Wittmann, PhD, LMSW; Sage Bolte, PhD, LCSW, OSW-C, CST; Heather Honoré Goltz, PhD, MSW, MEd

Summary: A cancer diagnosis is often a pivotal time in a patient's life that may be accompanied by multiple losses. One loss that is given less attention and inadequate assessment is sexual health and well-being. Social workers are often comfortable discussing grief and loss, including the loss of sexual function and sexual relationship post-treatment. However, few are equipped to educate patients about what can help them regain function or engage in sexual activity and pleasure with diminished function. The proposed workshop will provide social workers with the necessary knowledge about typical sexual dysfunctions following cancer treatment. Participants will learn about methods of physiologic sexual rehabilitation and about aids to sexual functioning. The importance of partnerships with experts in other health and medical disciplines will be highlighted.

COURSE DESIGNATION: Clinical
KEYWORDS: Clinical Practice/Skill
Building, Education
PRESENTATION LEVEL: Intermediate



| LI 106 |

Compassion Cultivation Training for Cancer Patients: Implementation of an 8-week Contemplative Practices Training Program

Sermasak Lolak, MD; Micheline Toussaint, LCSW, OSW-C

Summary: Mind-body interventions such as mindfulness-based programs are increasingly being offered in cancer care settings. However, not many programs focus specifically on promoting the skill of compassion, including self-compassion. The authors developed and taught compassion cultivation class series, based on, and follows the format of Compassion Cultivation Training (CCT) developed by Stanford University Center of Compassion and Altruism Research and Education. Published studies on CCT suggest multiple psychological benefits that are applicable to the oncology population. The class is conducted in a supportive, small-group setting, facilitated by a psycho-oncologist and an oncology social worker. The result from this experience suggests that similar programs may be beneficial for cancer patients. The presentation will also cover basic concepts and content of CCT. Attendees will have an opportunity to participate in various interactive and experiential exercises that is an important part of the curriculum.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Survivorship

PRESENTATION LEVEL: Introductory

3:30 p.m. – 4:00 p.m.

Coffee Break with the Exhibitors

4:00 p.m. – 5:30 p.m.

Paper Symposia/Learning Institutes II

(5 concurrent sessions)

| LI 201 |

Oncology Social Work 101: An Overview of Psychosocial Oncology Practice - Part II

Christina Bach, MBE, MSW, LCSW, OSW-C; Catherine Credeur, MSW, LMSW, OSW-C; Iris Cohen Fineberg, PhD, MSW, OSW-C; Eucharía Borden, MSW, LCSW, OSW-C; Sara Toth, MSW, LCSW; Sandra Blackburn, MSW; Meredith Cammarata, MSW, LCSW-R

Summary: Oncology social work (OSW), is a unique sub-specialty practice of medical social work. Oncology social workers (OSWs) are present in many diverse settings including inpatient and outpatient medical facilities, community support organizations, national and local advocacy groups, home care and hospice agencies, palliative care teams, bereavement support, education, administration, academia and private practice. We also serve persons at many different places in the cancer trajectory: from risk

and prevention, to diagnosis and treatment, to survivorship and to end of life care. We provide care at the micro, mezzo and macro levels. However, missing from most social work training programs is oncology social work specific education and preparation.

This skill building, 2-part learning institute is an orientation to the field of psychosocial oncology. We will explore the history, functions, roles and limitations of OSW in diverse settings. We will examine the evolution of OSW as a sub-specialty and focus on the shift from paternalistic models of care to patient centered, value based care. Oncology social work competencies will be reviewed. We will analyze the roles of OSWs as part of interprofessional oncology care teams. Issues related to distress screening, assessment skills, supporting caregivers, finding resources, and building coalitions through collaborative relationships will be addressed. Attention will be given to the art of practicing with cultural humility when working with persons from diverse cultures, races and religions. We will give specific attention to the necessity of self development and self care in the OSW professional. Options for career development, post master's training and opportunities for OSWs to participate in research will also be discussed. Finally, we will review areas where OSWs may be involved in ethical conflicts including end-of-life care, decision making/ advanced care planning and moral distress.

The target audience for this session are new graduates, oncology social workers with 5 years or less experience in the field, or seasoned practitioners looking to refresh their knowledge or perhaps transition to work in a different oncology setting.

COURSE DESIGNATION: Clinical

KEYWORDS: Education, Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

OUTLINE:

4:00 p.m. - 4:30 p.m.

Modalities used for psychosocial counseling and support in oncology social work settings.

4:30 p.m. - 4:45 p.m.

Methods of intervention with diverse populations coping with cancer.

4:45 p.m. - 5:15 p.m.

The importance of the use of self-care and the development of a professional skill set in self-growth as oncology social worker & each participants the psychological benefits and tools of cultivating and modeling self-care, self-preservation, and grace under pressure

5:15 p.m. - 5:30 p.m.

Conclusion, Q&A and wrap-up



| LI 202 |

Living the Relationship You Always Wanted: Developing Skills to Facilitate a Strategic Group Intervention for Couples Coping with Cancer

Ellen Polamero, LCSW; Courtney Bitz, LCSW

Summary: Cancer patients and their partners report high levels of distress; those with chronic and advanced cancer have the highest levels of disruption in family functioning, yet remain underserved. Data supports enhanced coping and adaptation for couples in supportive relationships. There is a dearth of group interventions that focus on the impact of cancer on relationships. Couples' Coping with Cancer Together Group (CCTG) utilizes a strengths-based, supportive counseling, and strategic theoretical framework. The goal of CCTG is to enhance a couple's ability to openly communicate, emotionally support and problem-solve together, and to provide couples with skills necessary to start living the relationship they always wanted. The purpose of CCTG Learning Institute is to develop skills necessary for OSWs to implement and facilitate a gender-strengths based group for couples. Participants will gain a foundation in a theoretical framework and practice effective interventions utilizing real life data collected from CCTG participants.

COURSE DESIGNATION: Clinical

KEYWORDS: Interdisciplinary Care, Clinical Practice/Skill Building

PRESENTATION LEVEL: Intermediate

| LI 203 |

How Do I Decide to "Pull the Plug?" Legal & Ethical Issues Facing Surrogate Decision-Makers

Wendy Walters, LICSW; Kathryn Smolinski, LMSW, JD

Summary: When a patient lacks the capacity to make medical decisions, a surrogate decision-maker is needed who is able to reflect the patient's wishes accurately. While a person can execute an advance directive, most people do not. In these circumstances, a default surrogate decision maker is often determined by law. While the legal process is relatively well defined in most states, the ethical issues of how surrogates execute their role can be challenging. Oncology social workers are instrumental in helping surrogates understand their role in decision-making by providing emotional support, exploring family systems, and translating the patient's values, expressed by the surrogate, to the treating team. This workshop will focus on legal, practical and ethical implications surrounding surrogates. Participants will become familiar with surrogate roles, problems encountered and practical

solutions. Through case analysis, lecture and small group discussion, they will be able to identify these situations and learn adaptive interventions.

COURSE DESIGNATION: Ethics

KEYWORDS: Ethics, Pain, Palliative Care and End-of-Life

PRESENTATION LEVEL: Intermediate

| PS 201 |

Body Image Paper Symposium

Moderated by Jean Rowe, LCSW, OSW-C, CJT

FEATURING:

Stigmatized Disfigurement and Functional Impairment in Head & Neck Cancer: Understanding Trauma, Identity Disruption and Opportunities for Acceptance-Based Psychosocial Interventions

Kelly Adams, LCSW

Summary: Despite having some of the highest rates of suicide and psychosocial distress within the general cancer population, HNC is underrepresented in oncology social work research. Highly disfiguring surgeries and the extreme functional impairment that accompanies radiation to the head/neck have enormous implications for HNC survivorship; the same may be said for other cancer types that experience similar body image concerns. This presentation posits that such extreme identity disruption and trauma must be validated by oncology social workers. Social workers must also be advocates against stigma towards HNC patients within their interdisciplinary teams in cancer hospitals, and in society at large. Finally, this presentation explores the potential role for research on Acceptance and Commitment Therapy versus "traditional" CBT when intervening with HNC patients.

COURSE DESIGNATION: Clinical

KEYWORDS: Disease Type (ovarian, lung, GYN, etc.), Specialized Needs

PRESENTATION LEVEL: Intermediate

Exploring Tools and Techniques for Coping with Body Image Changes Related to Cancer

Meredith Cammarata, LCSW-R; Rachael Goldberg, LCSW

Summary: This presentation will provide an in-depth look at body image as an under recognized and critical psychosocial issue for patients living with cancer (Fingeret, Teo, Epner, 2014; Fingeret, 2011). It will explore the relationship between societal views on body image and cancer. The presenters



will review the programming they have developed to address the existing gap in services and discuss data collected from the CBT focused psychosocial support group they run. Participants will learn tools and techniques that can be applied to individual and group work to help patients cope with the unique psychosocial body image issues they may experience during and post-treatment.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Specialized Needs

PRESENTATION LEVEL: Intermediate

| PS 202 |

International Paper Symposia

Moderated by *Patrice Al-Shatti, MSW, LMSW*

FEATURING:

Providing Psychosocial Care to Cancer Patients and Families in South India: International Perspectives and Opportunities

Karen Kayser, MSW, PhD

Summary: Sixty percent of cancer deaths in the world occur in low- and middle-income countries (LMICs) (ACS, 2017). The burden of cancer is particularly high in these countries (LMICs) since many of these nations lack the medical resources and health systems to address the disease burden. As a country moves from low levels of human development to higher levels, its population tends to increasingly adopt behaviors and lifestyles that are more typical of affluent and industrialized nations. Ironically, these new behaviors and lifestyles increase the risk of certain cancers particularly associated with affluence. This presentation aims to 1) provide a conceptual framework for understanding cultural influences on adjustment to cancer and how social work practice can be adapted to the specific culture of patients; 2) inform practitioners on how to leverage limited resources to address psychosocial needs of cancer patients and 3) offer suggestions on international opportunities for oncology social workers.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

The Role and Function of Swedish Oncology Social Workers

Joakim Isaksson, MSc, PhD; Sara Lilliehorn, BSW, PhD; Pär Salander, MSc, PhD

Summary: Oncology social workers (OSWs) play a key role in cancer services, but they have mainly been described from an Anglo-Saxon perspective. This presentation aims

to widen the field by scrutinizing the role and function of OSWs in Sweden. By means of a nationwide questionnaire to Swedish OSWs, the professional characteristics of this group are described, as well as their reflections on their clinical function and their experiences of barriers to optimal function. The findings indicate that Swedish OSWs seem to have taken a different path than in Anglo-Saxon countries by mainly providing counselling to the patients and next of kin, rather than working with discharge planning. However, the lack of formal jurisdiction for this function in absence of a professional licence indicate "blurred boundaries" to other health care professionals, e.g. psychologists and nurses. Furthermore, there seems to be a mismatch between the clinical demands and the training of Swedish OSWs.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building,

Research **PRESENTATION LEVEL:** Introductory

The Missing Link in Multidisciplinary Cancer Care in Kenya: The Need for Training in Psychosocial Oncology *Odiyo Philip, MA, PhD (Cand.)*

Summary: The state of cancer care in low and middle income is placed by many challenges. From structural barriers to fragmented and inaccessible health systems and lack of human resource. These challenges compound the already complex nature of cancer treatment that many patients go through. The presentation presents the need for a resource stratified training to empower oncology psychosocial professionals to provide the missing link in multidisciplinary cancer care.

COURSE DESIGNATION: Cultural Competency

KEYWORDS: Clinical Practice/Skill Building, Interdisciplinary Care

PRESENTATION LEVEL: Introductory

Provision of Psychosocial Care for Cancer Patients and Survivors by Oncology Social Workers in South Korea: The Challenges and Opportunities

Sorah Park, MA, MSW; Hee Lee, PhD, MSW, LICSW

Summary: Cancer is the leading cause of death in South Korea. Due to medical treatment improvement and cancer screening efforts, the cancer mortality has decreased and the 5-year cancer survival rate has improved. In 2014, there were more than 1.3 million cancer survivors identified. This increased number calls for provision of psychosocial interventions for cancer survivors. However, the field of psychosocial intervention in South

WITHDRAWN



Korea is still recognized as a minor area of oncology care. This is particularly true for the areas of oncology social work. Oncology social workers were not well positioned as the primary providers of psychosocial care in many general hospitals; general hospitals do not have programs and policies to train social workers in psychosocial oncology care. It is critical to develop a policy that integrates psycho oncology as one of core cancer care systems and strengthens the role of social workers in distress screening and management.

COURSE DESIGNATION: Clinical
KEYWORDS: Clinical Practice/Skill Building
PRESENTATION LEVEL: Introductory

***These sessions are not eligible for CEs*

Friday, June 1

7:00 a.m. – 12:00 p.m.

Conference Registration Open**

7:00 a.m. – 7:30 a.m.

Cancer Survivor Meeting**

7:30 a.m. – 8:30 a.m.**

Continental Breakfast & Exhibits

8:00 a.m. – 9:00 a.m.**

Posters Displayed in Exhibit Hall

8:00 a.m. – 8:30 a.m.**

AOSW Business Meeting

8:15 a.m. – 8:30a.m.**

American Cancer Society Quality of Life Award Ceremony

The Honorable Joseph R. Biden, Jr.

Award accepted on behalf of Vice President Biden by Lisa Simms Booth, Senior Director of Programming, Biden Cancer Initiative

9:00 a.m. – 10:00 a.m.

ACS Quality of Life Award Lecture

The Journey from Fear to #cancerFIERCE: A Vision From the Biden Cancer Initiative

Lisa Simms Booth

Summary: In his 2016 State of the Union address, President Obama called on Vice President Biden to lead a new, national "Cancer Moonshot" to dramatically accelerate

efforts to prevent, diagnose, and treat cancer—to achieve a decade of progress in five years. The resulting Cancer Moonshot Task Force brought together under the leadership of Vice President Biden, convened all Federal agencies that touch the cancer experience and fostered over seventy private sector collaborations to focus on transforming cancer research and care.

Through the Biden Cancer Initiative, Vice President Joe Biden and Dr. Jill Biden build on their work to inject a sense of urgency into the cancer research and care enterprise and to reimagine how the government, academia, non-profits and the private sector can better organize their resources and systems to collaborate to take on cancer, with the patient as the focus. The Initiative is a major convening force in driving new actions and collaborations toward ending cancer as we know it.

The Biden Cancer Initiative works closely with patients and patient organizations, cancer researchers, cancer hospitals and community health centers, research universities, governments and the private and philanthropic sectors to identify and address the critical issues in cancer prevention, research and care to achieve these goals. The Initiative brings these groups together to identify barriers, devise solutions, launch pilot projects to test solutions, and disseminate successful solutions in the form of new actions and collaborations.

In addition to current work focused on increasing data sharing, improving data standards, and accelerating clinical trials, the Biden Cancer Initiative has launched the #cancerFIERCE public engagement effort, designed to celebrate the FIERCE that we know is in every person touched by cancer. Too often, the dread and the fear that accompany a cancer diagnosis can overwhelm cancer patients, their families and their communities. Vice President Biden and Dr. Biden know that fear personally. It is real, but so is the vast amount of innovation and information that continues to better our ability to fight this disease. Because of this, we at the Biden Cancer Initiative view these fears and challenges through the lens of promise and possibility. The fear to #cancerFIERCE effort is an opportunity to connect and build communities and drive a national movement. We believe we can change the face of cancer as we know it and that everyone touched by cancer has a FIERCE story to tell.

COURSE DESIGNATION: Clinical
KEYWORDS: Education
PRESENTATION LEVEL: Introductory



10:15 a.m. – 11:15 a.m.

Paper Session III (6 concurrent sessions)

| P301 |

Intentionality: Are You Practicing “On Auto Pilot” or “On Purpose”?

Debra Mattison, MSW, ACSW, OSW-C

Summary: Oncology social workers are ideally suited to take their place as skilled clinicians and leaders of excellence in practice, research and advocacy. Ours is a role that indeed brings both power to influence lives and carries much responsibility which demands we ask ourselves “am I doing my work intentionally and “on purpose”? With so much to do, we can be tempted to move to the next client, task or meeting, with a sense of sameness. It can easy to fall into the trap of repetitive, routine and potentially robotic practice. This presentation seeks to firmly ground practice in intentionality regarding engagement with clients, interprofessional teams and communities. Using didactic sharing and engaging activities, strategies to increase intentionality in our daily work and explore tools for measuring outcomes will be discussed. Participants will leave with ideas which deepen intentionality to positively benefit their clients and the meaning of their work.

COURSE DESIGNATION: Clinical

KEYWORDS: Clinical Practice/Skill Building, Leadership/Administration

PRESENTATION LEVEL: Intermediate

| P302 |

Blood Cancers Bootcamp

Kristin Scheeler, MSSW, APSW, OSW-C

Summary: This session is meant to be a “Blood Cancers Bootcamp” for oncology social workers who work with people with hematologic malignancies. Participants will learn the differences between leukemia, lymphoma, myeloma and myeloproliferative neoplasms from an Information Specialist from the Information Resource Center at the Leukemia & Lymphoma Society. There is incredible complexity in each of these disease categories, but participants will learn all of the basics and how to find additional reliable information. Participants will also learn about the psychosocial aspects of advising and guiding patients and families dealing with a blood cancer diagnosis, including information about how to find reliable resources and referrals. Join the Blood Cancer Bootcamp if you are interested in a quick-and-dirty yet scientifically-sound crash course on the blood cancers, their causes, diagnosis, treatment, trajectories, and outcomes. Leave with new (clarifying!) information, resources, and referral options for your blood cancer patients and their families.

COURSE DESIGNATION: Clinical

KEYWORDS: Disease Type (ovarian, lung, GYN, etc.), Patient Navigation

PRESENTATION LEVEL: Introductory

| P303 |

Growing a Sunflower Garden: Supporting and Mentoring Patient-Led Initiatives while Managing Ethical Issues

Larissa Hewitt, MSW, LICSW; Susan Englander, MSW, LICSW

Summary: Rapid development of technology in recent years has encouraged “patient champions” to emerge and grow online patient-led support communities at a rate not previously possible. Social workers now have an opportunity to partner with patients to build on these meaningful supports, while also incorporating valuable ethical and boundary considerations. In this presentation, we plan to utilize an ethical framework, as well as our experiences in oncology social work and group facilitation to discuss a case example of a successful online, patient-led support community that grew out of our sarcoma support group. We will explore the critical decision points in our group process that allowed for the emergence of our own “patient champion” and the gradual establishment of her patient-led support community. We will highlight both the obstacles and opportunities created by this community and explore the unique role of social worker as mentor.

COURSE DESIGNATION: Ethics

KEYWORDS: Clinical Practice/Skill Building, Ethics

PRESENTATION LEVEL: Introductory

| P304 |

The Costs of Cancer and Insurance Coverage Experience of Cancer Patients: The Patient Realities and Why Policymakers Should Pay Attention

Jennifer Singleterry, MA; JoAnn Volk, MA

Summary: Many oncology professionals are familiar with the term ‘financial toxicity’ and see its consequences firsthand, but the concept remains difficult to document and quantify on a large scale. This session will discuss data, findings and themes from two recent reports from the American Cancer Society Cancer Action Network and the Georgetown Center on Health Insurance Reforms that address cancer patient financial challenges and barriers to treatment access. Attendees will learn how to: 1) better comprehend the cost and insurance realities cancer patients face and how current



policies affect patients, 2) help patients plan for and overcome challenging costs and treatment access issues, and 3) advocate for their patients' interests with policymakers. Presenter(s) will also provide the current state of play on implementation of the Affordable Care Act, any attempts to change or repeal it, and how higher-level policy debates may affect participants' clients

COURSE DESIGNATION: Clinical
KEYWORDS: Financial Toxicity, Advocacy
PRESENTATION LEVEL: Introductory

| P305 |

Cancer and Intimacy: The Caregiver's Perspective

Jacqueline LaGrassa, MSW, LCSW; Linda Mathew, MSW, LCSW-R, OSW-C

Summary: A cancer diagnosis often initiates an emotional crisis that can dramatically change the way a partner and a patient experience emotional and physical intimacy. Caregivers may sometimes transition their focus from the "intimate" relationship with the patient to the "professional" caregiver role. This transition can significantly impact the relationship and sabotage the couple's efforts to re-establish a lost intimacy. There are many issues that clinicians can help caregivers manage throughout the treatment trajectory. Due to the chronicity of cancer treatment, longer, episodic care can contribute to stress on the caregivers. Oftentimes, caregivers and patients experience a parallel process around medical challenges, personal losses, and feelings of helplessness. A major role of the clinician is to address the parallel experiences of a couple and assist in reinforcing their bond. We will highlight the common challenges that couples experience while undergoing lengthy treatments, the role of the clinician, and countertransference.

COURSE DESIGNATION: Clinical
KEYWORDS: Clinical Practice/Skill Building, Special Populations
PRESENTATION LEVEL: Intermediate

| P306 |

Patient Care and Policy Practice in Action

Elizabeth Franklin, LGSW, ACSW; Sarah Conning, MSW, LCSW, OSW-C

Summary: Oncology social workers may think of themselves as either clinical practitioners or policy specialists. However, it is impossible for us to provide high-quality services to patients in a competent and timely manner without attention to how direct services are provided within the macro environment. With the confluence of increas-

ing health care needs and rising therapy costs, the impact of policy on oncology practice is being felt more acutely than ever before. This presentation will include foundational information regarding the overall role that policy plays in the lives of oncology social workers and cancer patients. Presenters will illustrate the policy and practice connection through a series of case studies which showcase on-the-ground clinical scenarios with cancer patients and their loved ones, while also illuminating the policy environment at both the mezzo (clinic or hospital setting) and macro (legislative, regulatory, or policy environment) at play.

COURSE DESIGNATION: Clinical
KEYWORDS: Advocacy, Clinical Practice/Skill Building
PRESENTATION LEVEL: Intermediate

11:15 a.m. – 12:45 p.m.

Lunch on Your Own**

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2:00 p.m. – 3:00 p.m.

General Session: Closing Address

It's Not Always Easy: Improving the Patient Experience with Self-Acceptance and Compassion

Sage Bolte, PhD, LCSW, OSW-C, CST

Summary: As oncology social workers, we often do not have control over the demands of our job, the deaths of patients we learn to care deeply for, the frustrations over the broken health care system, the lack of resources, reporting to a boss who wants to understand what we do but just doesn't, and taking home the pain of the patients who just can't seem to be cut a break. However, when we layer those frustrations or feelings of helplessness onto our internal dialogues of our effectiveness, our abilities, or our success as oncology social workers, we risk internal shaming and negative self-talk – leading to general dissatisfaction and eventually professional burnout (Maslach, 1981; Shanafelt, 2009). And, in the midst of the mounting professional pressures or responsibilities, we have the external realities of managing our own personal worlds being students, mentors, parents, grandparents, adult children, recovering addicts, recovering "know it all's", etc. while the expectation of self for many of us (sometimes reinforced by our employers) is that we "should" be able to do it all – leaving tremendous room for burnout (Kearney 2009, Shanafelt, 2003, Dyrbye, 2006, Kraft 2006). Professional burnout and compassion fatigue directly impact the Patient Experience. "Burnout is viewed as a threat to patient safety because depersonalization is presumed to result in poorer interactions with patients" (Linzer M, Poplau S, Grossman E, et al., 2015). Although much of the research has been done



on our physician and nursing counterparts, one could argue oncology social workers are not any more exempt and yet, we are also in a unique opportunity to improve and strengthen our culture and patient experience (improving safety and outcomes) through our own self-awareness and care-of-team.

We are in fact superheroes – or at least many of us expect that of ourselves. All of these expectations are not often greeted with a whole lot of self-compassion, along with a lack of awareness of how our “fatigued selves” can impact our team and the culture around us. Understanding ourselves, our risk factors, our communication styles and that of our teams can directly and indirectly improve the patient experience. So, how do learn to relax and accept and embrace the crazy in us? How can we strive towards a place of self acceptance in order to provide self compassion and find not only the strength we need to do this work well, but the joy and sustainment to keep doing this work with excellence? Is it possible to have the fullest career and the fullest personal life in oncology social work? Join me as I share my fumbles, my struggles, my mistakes and my journey for self acceptance and self compassion as I learn to just accept my crazy.

COURSE DESIGNATION: Clinical

KEYWORDS: Professional Issues, Clinical Practice/Skill Building

PRESENTATION LEVEL: Introductory

3:00 p.m. – 4:30 p.m.

AOSW Post-Conference Research Institute Registration Open

AOSW Post-Conference Research Institute

4:00 p.m. – 7:00 p.m.

AOSW Post-Conference Research Institute – Opening Program

Enhancing Care for People with Serious Advanced Illness through Interdisciplinary Evidence Generation and Research Infrastructure Development

Jean Kutner, MD, MSPH, FAAHPM, FACP

There have been significant advances in the evidence base to inform palliative care clinical practice over the past 2 decades. Dr. Kutner will describe her personal passion and journey as a palliative care investigator, including the road to development of the Palliative Care Research Cooperative Group (PCRC) as an interdisciplinary research collaborative. Dr. Kutner will highlight opportunities for engagement with an interdisciplinary collaborative and supportive community of investigators who share a

commitment to advancing and enhancing care for people with serious illness.

COURSE DESIGNATION: Clinical

KEYWORDS: Research

PRESENTATION LEVEL: Introductory

Saturday, June 2

7:30 a.m. – 8:30 a.m.

Conference Registration Open**

8:00 a.m. – 8:30 a.m.

AOSW Post-Conference Research Institute – Breakfast**

8:30 a.m. – 9:00 a.m.

AOSW Post-Conference Research Institute – Welcome Ceremony and Introduction of Keynote Speaker

9:00 a.m. – 10:00 a.m.

AOSW Post-Conference Research Institute Keynote: Unlocking the Potential of Patient-Reported Outcomes

Claire Snyder, MHS, PhD

This talk will cover the important, and somewhat unrealized, potential of patient-reported outcomes (PROs) to improve the quality of cancer care at multiple levels, including at the patient-clinician interface, in clinical research, and for performance improvement. Tools that are available to clinicians and researchers to optimize the use of PROs in clinical practice and research will be highlighted.

COURSE DESIGNATION: Clinical

KEYWORDS: Research

PRESENTATION LEVEL: Introductory

10:00 a.m. – 12:00 p.m.

From Research Topic to Research Study: A Workshop

Daniela Wittmann, PhD, LMSW

This workshop will present the results of the survey on the most important research topics identified at last year's AOSW Research Institute in the field of oncology social work. There will then be a talk on “Developing Research Questions,” followed by a brainstorming session to identify research questions on the most important topic. The participants will then be divided into three groups representing the three basic research methodologies: Quantitative Research, Qualitative Research and



Mixed Methods Research. Each group, led by an expert in that methodology, will develop the structure of a research project using that methodology. This will include the Research Aims, Research Question or Hypotheses, Methodology, Data Gathering and Data Analysis. At the end of the workshop, each group will present their results to the larger group. Discussion will follow on factors involved in selecting a research methodology.

COURSE DESIGNATION: Clinical

KEYWORDS: Research

PRESENTATION LEVEL: Introductory

OUTLINE:

10:00 a.m. – 10:15 a.m.

Introduction

10:15 a.m. – 10:45 a.m.

Three methodological approaches to designing a research study

10:45 a.m. – 11:15 a.m.

How to develop a research proposal

11:15 a.m. – 11:45 a.m.

Two steps towards identifying a research question

11:45 a.m. – 12:00 p.m.

Wrap Up and Q&A

12:00 p.m. – 1:00 p.m.

**AOSW Post-Conference Research Institute –
Lunch****



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For More Information

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