

## Recommended Trainings

### People's Institute for Survival and Beyond

[www.pisab.org](http://www.pisab.org)

### Dr. Kenneth Hardy: Understanding & Addressing Racial Trauma

<https://uncoveringracialtrauma.eventsmart.com/events/uncovering-racial-trauma>

### National Institute for the Clinical Application of Behavior Medicine:

The Trauma of Racism: Expert Strategies to Help Clients Heal

<https://www.nicabm.com/program/trauma-racism/?itl=store>

### Education for Racial Equity

[www.educationforracialequity.com](http://www.educationforracialequity.com)

### The Untraining

[www.untraining.org](http://www.untraining.org)

### Ackerman Family Institute

[Seminar with Kenneth Hardy - Ackerman Institute for the Family](#)

## Recommended Readings

Leonardo, Z. (2004). The color of supremacy: Beyond the discourse of 'white privilege'. *Educational Philosophy & Theory* , 36 (2), 137-152.

Leonardo, Z. (2015). Contracting race: writing, racism, and education. *Critical Studies in Education* , 56 (1), 86-98.

Medium (2017, August 22). I'm White, and I'm Jewish. [Blog post]. Retrieved from <https://medium.com/@realtalkwocandallies/im-jewish-and-i-m-white-81de073b26e7>

### **Required for white participants [in addition to content above]:**

Okun, T. From White Racist to White Anti-Racist: A Lifelong Journey.

Mayer, J. (1997). "Barriers to organizing between anti-racist White people," from A missing piece: Anti-Racist White women in conflict and collaboration. Unpublished MA thesis.

Sturdy, C. (2018, May 11). No Dancing This Time: A Guide for White People Regarding "This is America". *Medium* . Retrieved from: <https://medium.com/s/story/no-dancing-this-time-a-guide-for-white-people-regarding-childish-gambinos-this-is-america-af60926e6fb3>

### **Required for white participants [in addition to content above].**

Kelly, K. (2018). White Women Must Hold Each-other Accountable For Racism. Bitch Media Retrieved from <https://www.bitchmedia.org/article/mothers-of-massive-resistance-white-supremacist-women>

Brave Heart, M., Chase, J. Elkins, J., & Altschul, D. (2011) Historical Trauma Among Indigenous Peoples of the Americas: Concepts, Research, and Clinical Considerations, *Journal of Psychoactive Drugs*, 43:4, 282-290, DOI: 10.1080/02791072.2011.628913

Denham, A.R. (2008). Rethinking historical trauma: Narratives of resilience. *Transcultural Psychiatry*, 49 (3), 391-414.

Finn, J. L. (2016). *Just practice: A social justice approach to social work* (3rd ed.). New York: Oxford University Press. Chapter 6 pgs 237-255

Walters, K., et.al. (2011). Bodies don't just tell stories, they tell histories: Embodiment of historical trauma among Native American Indians and Alaska Natives, *DuBois Review*, 8 (1), 179-189.

Brave Heart, M. Y. (n.d.). Historical Trauma and Unresolved Grief: Implications for Clinical Research and Practice with Indigenous Peoples of the Americas. Retrieved June

7, 2017, from

[https://www.ihs.gov/telebehavioral/includes/themes/newihstheme/display\\_objects/documents/slides/historicaltrauma/historicaltraumaintro0113.pdf](https://www.ihs.gov/telebehavioral/includes/themes/newihstheme/display_objects/documents/slides/historicaltrauma/historicaltraumaintro0113.pdf)

Kant, J.D. (2014). Becoming a liberation health social worker. In D.B. Martinez & A. Fleck-Henderson (Eds) *Social justice in clinical practice: A liberation health framework for social work* (pp. 29-43). New York: Routledge.

Sue, D. W., Capodilupo, C. M., Torino, G. C., Bucceri, J. M., Holder, A. M. B., Nadal, K. L., & Esquilin, M. (2007). Racial microaggressions in everyday life: Implications for clinical practice. *American Psychologist*, 62 (4), (pp. 271-286). <http://dx.doi.org/10.1037/0003-066X.62.4.271>

Identities that you think about more often.

Identities that you think about least often.

Identities that have the strongest effect on how you see yourself as a person.

Identities that include expression of oppression and privilege.

Identities that have the weakest effect on how you see yourself as a person.

Identities that have the strongest or weakest effect on how you see the world or it sees you.

Identities that might impact the therapeutic relationship.

# Social Location: Power and Privilege

